Patient Attitudes to Sternotomy and Thoracotomy Scars


Abstract

Background: There are no data comparing patient attitudes to sternotomy and thoracotomy scars following surgery for congenital heart disease (CHD).

Methods: Two hundred and one patients with a scar from CHD surgery (105 sternotomy, 36 thoracotomy, and 60 both scars) had a structured interview to explore attitudes to their scar.

Results: Comparable proportions of each group reported that they did not like or hated their scar (23/105 [22%] sternotomy, 9/36 [25%] thoracotomy, 17/60 [28%] both scars). Significantly more patients stated that they were embarrassed by and/or their choice of clothing was affected by a thoracotomy scar (20/36, 56%) than those with a sternotomy scar (36/105, 34%), p = 0.04. This was also seen when comparing sternotomy alone with both scars (36/105 [34%] vs. 34/60 [57%], p = 0.008).

Conclusions: Adults who have undergone surgery for CHD are more likely to have a negative attitude to a thoracotomy than a sternotomy scar. Before a change in surgical approach is considered based on patient preferences, the acceptability and psychological impact of the different scars following surgery needs formal study.