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# REFLECTING ON REFLECTIVE PRACTICE

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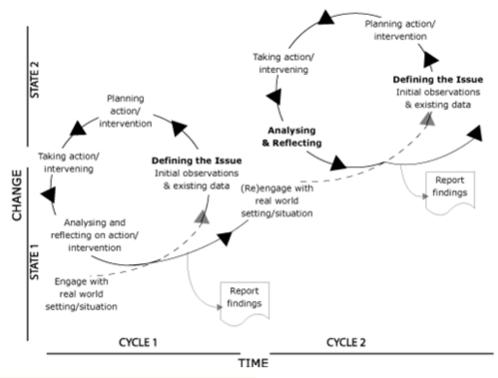
### REFLECTION

- Potential.
- How to reflect.
- Gaps?

"A dialogue of thinking and doing through which I become more skilful" (Schön, 1987 p. 31)

Cropley, B., Miles, A., & Peel, J. (2012). Reflective practice: value of, issues, and developments within sports coaching. sports coach UK.

# **METHODS**



http://www.merc.soe.vcu.edu/action-research/what-is-it/

## **3 NARRATIVES**

- 1) Difficult beginnings.
- 2) Measuring myself.
- 3) Much later.

## **FINDINGS**

- Challenges.
- Coaching philosophy.





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