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An Evaluation of School Breakfast Clubs

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Method

■ Phase 1: Start of academic year (2007-8).

- Cognitive Tests, Social behavioural questionnaires, & focus groups.
- Teachers, parents and pupils.

■ Phase 2: Six months later.

Key Findings

Pupils (Cognitive and Social measures).

- Friendship Questionnaire: Companionship.
- Teacher Relationship Questionnaire: Help, Security, Approachableness.

Focus Groups

Teachers

Parents

Pupils

“I’ve got some things to say! If it shuts down, right, me mam and dad would just have to move house. We’ll have to move house because if we can’t get any breakfast we’ll have to go to another school that does breakfast and then I won’t get to see me canny friends again”

