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Citation: Asmerom, Yemane, Baldini, James U.L., Breitenbach, Sebastian, Prufer, Keith M., Polyak, Victor J., Ridley, Harriet E., Aquino, Valorie V., Baldini, Lisa M., Macpherson, Colin G. and Kennett, Douglas J. (2020) Intertropical Convergence Zone Variability in the Neotropics During the Common Era. *Science Advances*, 6 (7). eaax3644. ISSN 2375-2548

Published by: American Association for the Advancement of Science

URL: <https://doi.org/10.1126/sciadv.aax3644> <<https://doi.org/10.1126/sciadv.aax3644>>

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1 Intertropical Convergence Zone Variability in the Neotropics During the Common Era

2
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5
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13 **Large changes in hydroclimate in the Neotropics implied by proxy evidence, such as during**
14 **the Little Ice Age (LIA), have been attributed to meridional shifts of the Intertropical**
15 **Convergence Zone (ITCZ), although alternative modes of ITCZ variability have also been**
16 **suggested. Here we use seasonally-resolved stalagmite rainfall proxy data from the modern**
17 **northern limit of the ITCZ in southern Belize, combined with records from across the**
18 **Neotropics and subtropics, to fingerprint ITCZ variability during the Common Era. Our data**
19 **are consistent with models that suggest ITCZ expansion and weakening during globally cold**
20 **climate intervals, and contraction and intensification during global warmth. As a result,**
21 **regions currently in the margins of the ITCZ in both hemispheres are likely transitioning to**
22 **more arid and highly variable conditions, aggravating current trends of increased social**
23 **unrest and mass migration.**

24 INTRODUCTION

25
26 The Intertropical Convergence Zone (ITCZ) is the world's most important rainfall belt, affecting the
27 livelihood of billions of people globally. Understanding its behavior during future warmer climate is thus
28 vitally important. Intergovernmental Panel on Climate Change (IPCC) projections suggest that the
29 Neotropics are particularly vulnerable to warming-induced droughts (1). On millennial timescales, shifts
30 in ITCZ mean position likely reflect changes in the temperature contrast between the two hemispheres,
31 with ITCZ migration towards the warmer hemisphere. However, the exact nature of the ITCZ response
32 to global temperature changes remains unsettled. During the Common Era, substantial evidence now
33 exists that climate change associated with the Little Ice Age (LIA) was global in extent (2, 3). Proxy
34 records from the Neotropics suggest that the ITCZ shifted to the south during the LIA (4-6), however,
35 recent model results (7) and limited observations elsewhere (8, 9) suggest that the ITCZ may have
36 expanded in both hemispheres, while weakening in the central equatorial core region. Previous
37 observations had several limitations, including combining monsoon and other proxies that are not
38 necessarily reflective of purely ITCZ modulation (5, 8) or records not capturing the full ITCZ annual
39 excursion (4, 6).



Figure 1. Locations of Yok Balum Cave (red circle) and other records discussed in the text. The average annual northernmost (July) and southernmost (January) margins are also shown (yellow and blue bands, respectively).

Here we use new monthly-scale speleothem rainfall proxy data from a cave site at the ITCZ's current northern margin in Central America coupled with published data from the southern margin of the ITCZ to explore its variability throughout the Common Era. We then use this information to determine whether the combined data are best explained by i) meridional ITCZ shifts exclusively or by ii) expansion and contraction of the ITCZ. The results have profound implications for predicting future hydroclimate of the global tropics.

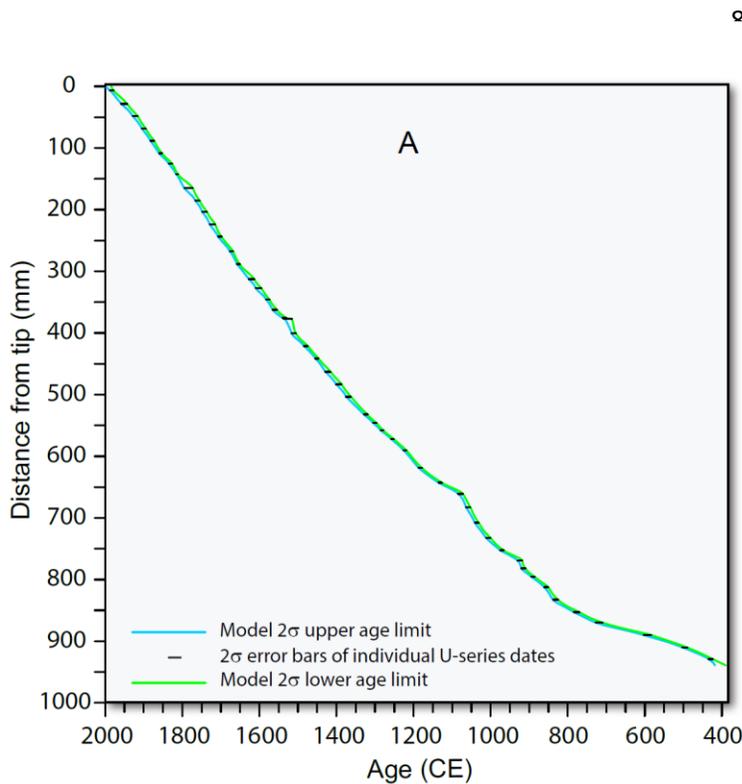
Southern Belize, at the northern edge of the mean annual latitudinal range of the ITCZ (Fig. 1), is extremely sensitive to small variations in ITCZ position over time. The region receives between 400-700 mm of rainfall per month during the wet season (June to September) and ~10 times less during dry season months (February to April) due to seasonal ITCZ repositioning (10). Speleothem YOK-G was obtained from Yok Balum Cave in southern Belize (16° 12' 30.780" N, 89° 4' 24.420" W; Fig. S1). The cave has a stable temperature of 22.74 ± 0.09 °C (1σ) with high relative humidity

69 approaching 100% throughout the year (Fig. S2).

70 RESULTS AND DISCUSSION

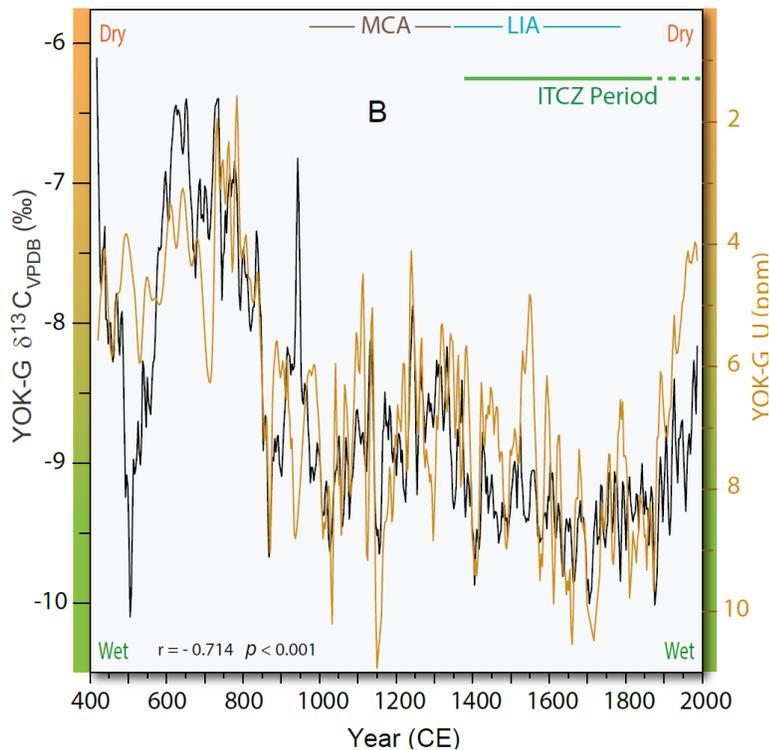
71
 72 Stalagmite YOK-G is a very clean aragonitic speleothem with high uranium (U) and low detrital thorium
 73 (Th) concentrations that grew from 400 CE to 2006 CE (the year when it was collected). We measured
 74 52 U-series ages (Table S1) using minimal amounts of powder to reduce errors related to drill-hole sizes
 75 and were able to obtain mean age uncertainties of seven years (2σ) across the entire record (Figure 2A).
 76 Details of our chronology and age model construction are discussed in the Materials and Methods
 77 section. Two previous studies (11, 12) reported on the upper portion of YOK-G (since 1550 CE). Here we
 78 present new YOK-G $\delta^{13}\text{C}$ and trace element datasets that extend the previously published YOK-G $\delta^{13}\text{C}$
 79 record by 1,150 years. The complete YOK-G isotope record now consists of 7,151 $\delta^{13}\text{C}$ data points at
 80 ~0.22-year mean resolution overall, with monthly resolution across key intervals. The application of $\delta^{13}\text{C}$
 81 as a rainfall proxy in YOK-G was previously established (11-13). Additionally, here we use U

82 concentrations to confirm $\delta^{13}\text{C}$ as a rainfall proxy. Because U's partition coefficient in speleothem
 83 aragonite is very high (3.74 ± 1.13) (13), the amount of prior aragonite precipitation occurring above



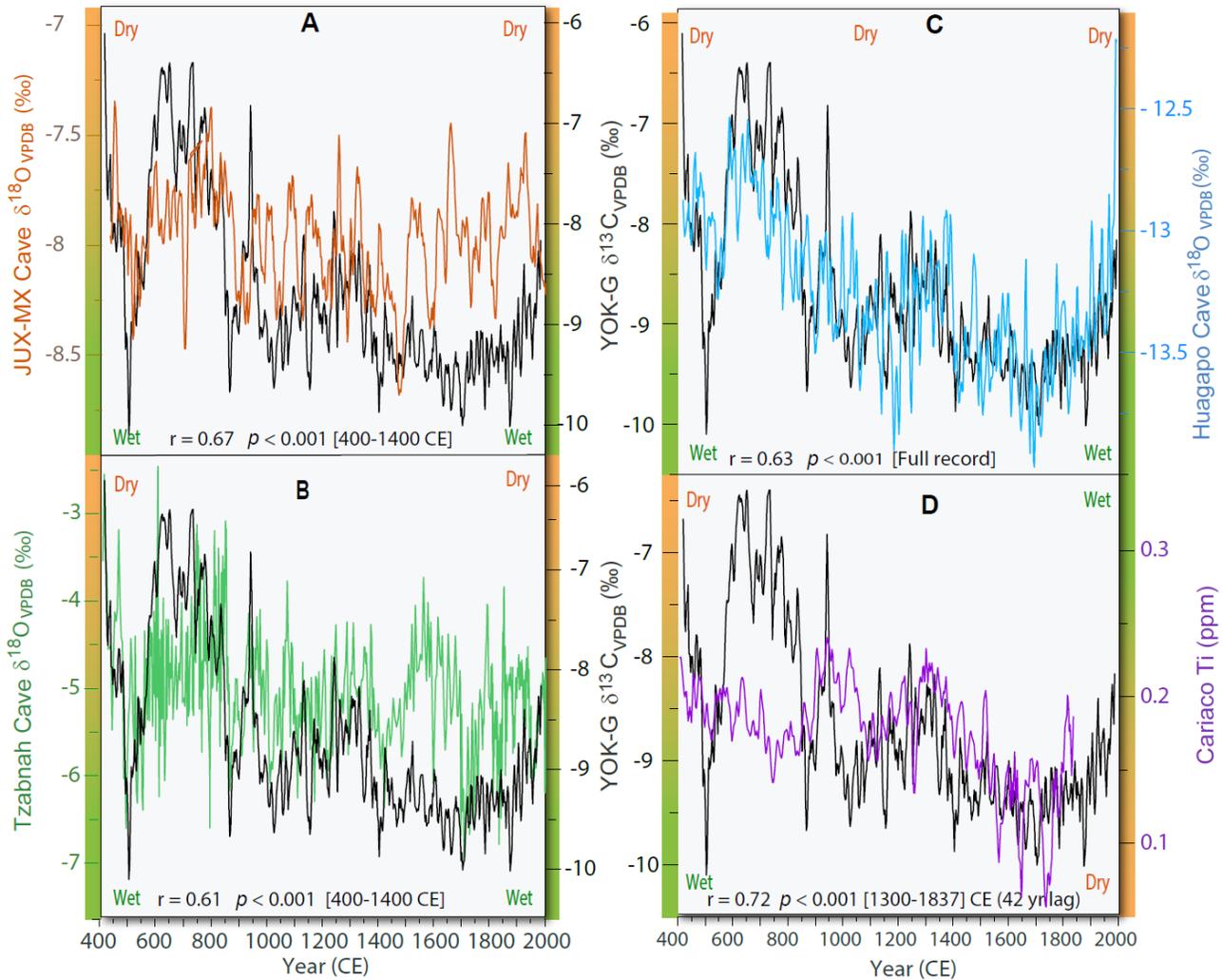
stalagmite YOK-G largely modulates U concentrations in the stalagmite. The excellent match between $\delta^{13}\text{C}$ and U concentrations across the study interval ($r = -0.74, p < 0.001$) (Fig. 2B) demonstrates that both proxies robustly reflect hydrologic variability despite their different exogenic cycles. While the correlation between $\delta^{18}\text{O}$ and U concentrations is not as strong ($r = -0.44, p < 0.001$) (Fig. S6) as that between $\delta^{13}\text{C}$ and U concentration, the $\delta^{18}\text{O}$ do capture the long-term changes in hydroclimate.

Figure 2. A. U-series-based age model for speleothem YOK-G. The model was constructed using the COPRA algorithm (14), and the 2σ uncertainty limits are shown as green (upper) and blue (lower) curves. Individual sample ages (52 ages) and their errors are denoted as black bars. B. $\delta^{13}\text{C}$ and U concentration data for YOK-G. Note the inverted axis for U concentrations (brown line) compared with $\delta^{13}\text{C}$ (black line).



Similarly, the $\delta^{18}\text{O}$ annual signal is less clear than the $\delta^{13}\text{C}$ annual signal, consistent with previous interpretations of YOK-G $\delta^{18}\text{O}$ as reflecting both rainfall amount and the rainfall $\delta^{18}\text{O}$, which is linked to tropical cyclones (11).

123 The highly resolved YOK-G $\delta^{13}\text{C}$ record enables the detection of seasonal- to millennial-scale climate
 124 variability (Fig. 2B). The early part of the record, ca. 400 – 900 CE is characterized by large shifts in



125 **Figure 3. Comparison between YOK-G $\delta^{13}\text{C}$ and other rainfall proxy records at the northern and**
 126 **southern extent of the ITCZ. From north to south (A-C): A. The Juxtlahuaca Cave (stalagmite JUX-**
 127 **MX) $\delta^{18}\text{O}$ time-series (light brown) from SW Mexico (15), B. The Tzabnah Cave (Chaac stalagmite)**
 128 **$\delta^{18}\text{O}$ time-series (green line) from the northern Yucatan, Mexico (16), C. The Huagapo Cave $\delta^{18}\text{O}$**
 129 **time-series (blue line) from the central Peruvian Andes (19). D. The Cariaco Basin Ti concentration**
 130 **record (purple)(4) Note that the Cariaco Ti axis is showing the opposite moisture trend (wet top).**
 131 **The best match for the full record is achieved between the two regions (Fig. 3C) that are located at the**
 132 **northern and southern margins of the ITCZ. Correlation statistics in each panel are for the time**
 133 **intervals indicated.**

134
 135 hydroclimate, including the most arid interval between 625-825 CE. A somewhat more humid climate
 136 was present from 900 - 1400 CE, during the Medieval Climate Anomaly (MCA), followed by an extended
 137 wet interval during the LIA and finally by progressive drying since the late 1800s CE (Fig. 1B). The

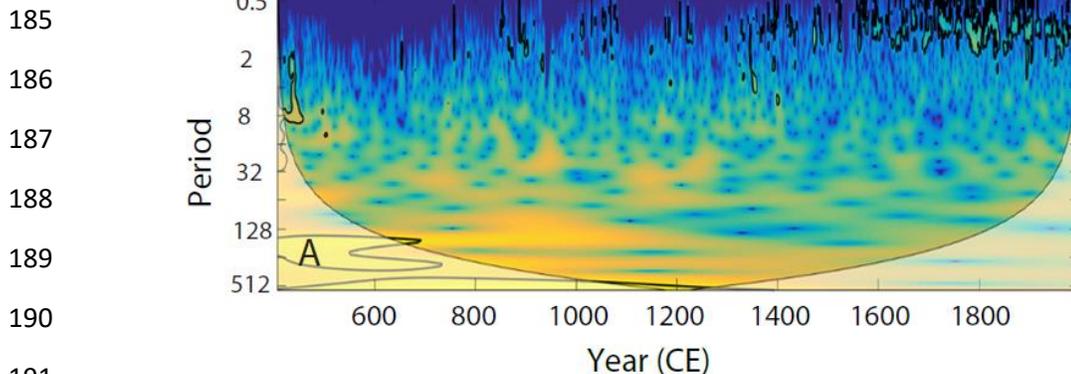
138 transition to the wettest interval from ~1400 CE to the late-1800s corresponds with a departure from
139 the strong coherent variability with sites north of our study area, such as the annual-scale $\delta^{18}\text{O}$ moisture
140 proxy (15) from Juxtlahuaca Cave (“JUX Cave”) (Fig. 3B) in southwestern Mexico (17.44°N, 99.16°W) (Fig.
141 1). The JUX-MX record and YOK-G $\delta^{13}\text{C}$ data show coherent variability prior to 1400 CE ($r = 0.67$, $p <$
142 0.001) (Fig. 3A). In contrast, after the initiation of the LIA at ~1400 CE the two records diverge
143 dramatically. The LIA in southwestern Mexico (Fig. 3A, B) is characterized by increased aridity, whereas
144 in the YOK-G record this interval is characterized by high rainfall. Similarly, prior to 1400 CE a very good
145 correlation ($r = 0.61$, $p < 0.001$) exists between YOK-G $\delta^{13}\text{C}$ and the Chaac stalagmite from Tzabnah Cave
146 (20.73° N, 89.47° W) located near the Yucatan Peninsula’s northwestern tip, north of Belize (16) (Figs 1
147 and 3B), a region currently receiving ~75% less annual rainfall than southern Belize (17) with little ITCZ
148 influence.

149
150 We also compare the YOK-G data to records from the Southern Hemisphere ITCZ domain (Fig. 3B)
151 represented by Huagapo Cave and the Cariaco Basin rainfall proxy datasets (Fig. 3C). The Huagapo Cave
152 speleothem record (stalagmites P00-H1 & P09-H2) (18) from the central Peruvian Andes is one of the
153 best-dated high-resolution records of South American monsoon dynamics. The large variability observed
154 in the record was previously partially attributed to latitudinal shifts in Atlantic ITCZ position (19). A
155 significant positive correlation ($r = 0.63$, $p < 0.001$) exists between the YOK-G $\delta^{13}\text{C}$ and the Huagapo Cave
156 $\delta^{18}\text{O}$ record throughout the Common Era (Fig. 3C). This is remarkable given their large separation across
157 the equator (Fig. 1). The peak LIA increase in South American monsoon strength implied by the Huagapo
158 Cave record has been observed elsewhere, such as in the paired microalgal and mangrove biomarker
159 $^2\text{H}/^1\text{H}$ record from the Galápagos (6) (Fig. 1), which was attributed to a southward shift of the ITCZ (6).
160 Similarly, variability in the Cariaco Basin sediment titanium (Ti) concentration was previously attributed
161 to changes in hydroclimate of the onshore watershed that drains into the basin, driven by meridional
162 shifts in ITCZ position (4), where high Ti concentrations correspond to wetter than normal climate and
163 low Ti concentrations to drier than normal climate conditions. The Cariaco Ti concentration data are
164 strongly correlated with the YOK-G $\delta^{13}\text{C}$ data ($r = 0.72$, $p < 0.001$, 42 year lag) (Fig. 3D) after ~1300 CE.
165 The lead-lag issue is likely related to the larger age errors of the untuned Ti time-series. The drying trend
166 during the LIA in the Cariaco Basin watershed was attributed to southward migration of the ITCZ (4).
167 It is not possible to reconcile these very high-quality hydroclimate records from both sides of the
168 equator by invoking meridional ITCZ shifts exclusively. If the LIA was characterized by a simple
169 southward ITCZ shift, it should have led to drying in our study area, which is contrary to the observed
170 shift to much wetter conditions. Our data, considered on their own, would suggest a northward shift of
171 the ITCZ. All the seemingly contradictory cross-equatorial datasets are reconciled by invoking an
172 alternative model whereby the ITCZ expands meridionally but weakens in the central equatorial core
173 region during globally cold climates, and contracts meridionally but strengthens in the core region
174 during warm climates. This explanation is supported by recent modelling results (7) and modern rainfall
175 data that reveal a narrowing of the Pacific ITCZ under modern warming (20).

176 A wavelet power spectra (21, 22) analysis of our YOK-G $\delta^{13}\text{C}$ data resampled at a constant 0.25 year
177 resolution (Fig. 4A) illustrates that the pre-1400 CE portion of the spectra is characterized by weak multi-
178 decadal variability but exhibits no annual-scale signal, whereas the post-1400 CE data show significant
179 (95% confidence outlined in black) annual-scale variability, consistent with the dominant role of the
180 modern annual ITCZ cycle. Broadly, we refer to the time after 1400 CE as the “ITCZ period”, during

181 which the seasonal ITCZ excursion dominates hydroclimate at our site. Although ENSO exerts a strong
182 influence on tropical hydroclimate, our wavelet analysis result (Fig. 4A) does not show ENSO type
183 (interannual) periodicities, especially during

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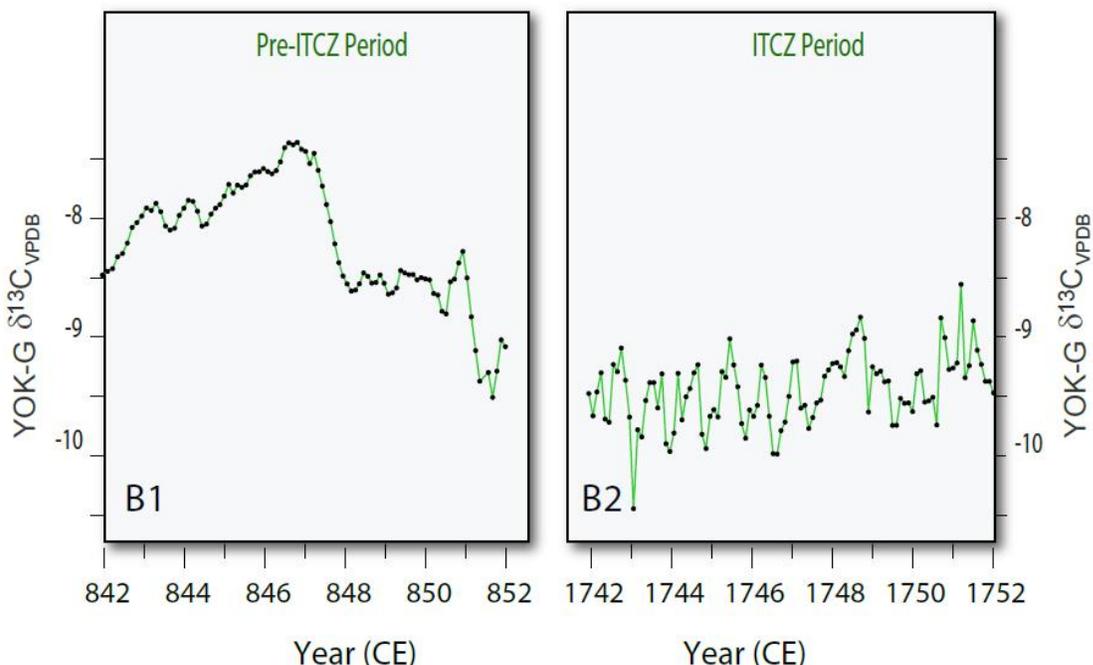
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204 **Figure 4. Wavelet spectral analysis of high-resolution YOK-G $\delta^{13}\text{C}$ data and detailed look at seasonal**
205 **rainfall variability. A. Wavelet spectral output of the high resolution (0.25 year resolution) YOK-G**
206 **$\delta^{13}\text{C}$ data. B. Difference in rainfall variability between the pre-ITCZ period and ITCZ period. Both**
207 **segments were samples at the same, ~ 1.3 month, temporal resolution (small filled circles).**

208

209 the ITCZ period. This observation is supported by modern rainfall data; there is no statistically significant
210 correlation between ENSO and rainfall in our study area (Fig. S7). Our monthly scale $\delta^{13}\text{C}$ rainfall proxy
211 data permit the reconstruction of paleoseasonality. We compare two decadal intervals, one from the

212 pre-ITCZ period (842-852 CE) (Fig. 4-B1) and another from the ITCZ period (1742-1842 CE) (Fig. 4-B2)
213 sampled at about 1.3 month resolution. The pre-ITCZ period data (Fig. 4-B1) do not contain annual $\delta^{13}\text{C}$
214 cycles while the ITCZ period data (Fig. 4-B2) contains a well-developed annual signal. Strong seasonal
215 rainfall cycles are expected in a regime dominated by the annual ITCZ cycle, as is currently the case. In
216 contrast, the large inter-annual changes and very muted (or entirely absent) seasonal changes before
217 1400 CE suggest that the ITCZ did not reach the site of Yok Balum Cave prior ca. 1400 CE.

218 The contraction and expansion of the ITCZ does not preclude relative hemispherical shifts (the mean
219 position of the ITCZ) in response to differential hemispherical warming and cooling as we showed
220 previously in response to aerosol injections (12). Both modeling and hemispherical-scale rainfall data
221 from both hemispheres support a meridional shift in the ITCZ clearly starting in the mid-20th Century (23,
222 24). But this effect is small compared to the pronounced drying at both peripheries of the tropics (Fig. 3)
223 in response to the rapid warming in both hemispheres starting in the late-1800s (25).

224 A salient feature of our high-resolution data is that the Central America region is rapidly emerging from
225 what we have called the ITCZ period that began in \sim 1400 CE (Fig. 2B). The bi-hemispherical relationships
226 discussed here suggest that additional future warming is likely to lead to very dry conditions, last seen
227 around 600-800 CE (Fig. 3). Our results imply that the ITCZ is not an intrinsic part of the Central
228 American climate system but is instead a transient feature which most recently began affecting the
229 region in \sim 1400 CE and whose influence has gradually waned since the mid-1800s. It is conceivable that
230 the observed modern rainfall decrease could be the precursor to the ITCZ's complete abandonment of
231 Central America in the future. Central American countries currently within the ITCZ's northern margin
232 are experiencing growing food insecurity driven partially by climate change (26), leading to social
233 upheaval and mass migration (27).

234

235 MATERIALS AND METHODS

236

237 **Uranium-series methods.** The ^{234}U - ^{230}Th (uranium-series) chronology was performed at the
238 Radiogenic Isotope Laboratory, the University of New Mexico. U-Th separation chemistry is described in
239 Asmerom et al. (28). Part of this method was described by Ridley et al. (12) for the top 456 years.
240 Because YOK-G is composed of aragonite, it has high uranium concentration (6.5 ppm on average) and
241 thus we were able to use small samples, between 20-120 mg for obtaining a precise and accurate
242 uranium-series age control per distance in stalagmite YOK-G. An aliquot of ^{233}U - ^{236}U - ^{229}Th high purity
243 mixed spiked was added to each sample. U and Th were separated using 200-400 mesh chloride form
244 anion exchange resin. U and Th isotopes were measured on a Thermo Neptune multi-collector
245 inductively coupled plasma mass spectrometer (MC-ICP-MS). ^{233}U and ^{236}U and ^{232}Th were measured on
246 Faraday cups with $10^{12}\ \Omega$ resistors, while ^{235}U and ^{238}U were also measured on Faraday cups with $10^{11}\ \Omega$
247 and $10^{10}\ \Omega$ resistors, respectively. ^{234}U and ^{230}Th were measured on secondary electron multiplier (SEM)
248 that sits behind a high-abundance filter. All measurements were done on static mode. Standards NBL-
249 112 and an in-house ^{230}Th - ^{229}Th solution were analyzed several times during the run sessions to
250 accurately establish the gain between the SEM and Faraday cups. Initial $^{230}\text{Th}/^{232}\text{Th}$ ratio was estimated
251 from the analysis of drip water and two carbonate powders obtained from the top of YOK-G during 2004
252 and 2006. We were able to derive an empirical relationship between $^{230}\text{Th}/^{232}\text{Th}$ atomic ratio, such that
253 $^{230}\text{Th}/^{232}\text{Th}_{\text{atomic ratio (ppm)}} = 322.67 * ^{232}\text{Th}_{\text{ppb}} - 0.269$. Half-life values from (29) were used for calculation of

254 the dates (Table S1). The accuracy and precision of the uranium-series ages were validated by Ridley et
255 al. (12) for the top 456 years using the ^{14}C bomb signal and annual counting of $\delta^{13}\text{C}$ seasonal oscillations;
256 the seasonal $\delta^{13}\text{C}$ cycles were used as the main chronology for that publication. For the longer record
257 discussed here we constructed a robust age model using the computer algorithm COPRA (14). The
258 COPRA model ages and the annually-resolved ages agree within the age uncertainties of the model ages.
259 We have used the U-Th chronology for the entirety of the record here, including the top 456 years, to
260 provide a continuity of method, but the U-Th chronology is extremely similar to the seasonal $\delta^{13}\text{C}$ cycle
261 counting chronology, although the latter is probably somewhat more precise and was used in previous
262 publications regarding YOK-G (11, 12).

263 **Uranium concentration data.** Uranium concentration data were obtained at the Radiogenic Isotope
264 Laboratory at the University of New Mexico. Samples, between 3-10 mg, were dissolved in 3% nitric
265 acid, diluted and spiked with ^{115}In . The samples and standards were analyzed using a Thermo X-series II
266 inductively coupled plasma mass spectrometer (ICP-MS). Analytical precision (2σ) ranged between 0.2
267 to 6 % depending on concentration.

268 **Stable isotope analysis.** A total of 7,151 stable isotope analyses were measured along the growth axis
269 of YOK-G covering a period between 2006 and 404 C.E., with an average resolution of 0.22 years, but
270 with higher than monthly resolution across certain intervals. In order to get this unprecedented
271 resolution, YOK-G was continuously milled at 0.1 mm across most of the sample and at 0.2 mm across
272 some intervals. Stable isotope analysis for the first 456 years was reported on in Ridley et al. (12) , and
273 here we discuss the record back to 404 C.E.. The majority of stable isotope analyses were conducted at
274 Durham University using a Thermo MAT 253 Isotope-Ratio Mass Spectrometer with a Gasbench II
275 (external precision of about 0.05- 0.10‰) on-line gas preparation and introduction system. Each sample
276 220-250 μg in size was reacted with 10 drops of orthophosphoric acid (H_3PO_4) under a helium (grade 5)
277 atmosphere. The solution was left to digest at 50 °C for two hours. In addition, 14 external and in-house
278 standards were run with each batch (50) of samples. In total, 5,644 stable isotope samples were run at
279 Durham, and the others were obtained at Yale University (1,132 samples) and the University of New
280 Mexico (375 samples) following similar procedures as at Durham. Interlab comparisons were facilitated
281 using replicate samples, alternating samples, and standards. Additional comparison analyses were done
282 on a Kiel IV automated carbonate preparation device via phosphoric acid digestion connected to a
283 Thermo Delta V Plus mass spectrometer at the Las Vegas Isotope Science Laboratory at the University of
284 Nevada, Las Vegas. The replicate $\delta^{13}\text{C}$ results agreed within their respective internal precisions (see Fig.
285 S3).

286 **Growth rate inference.** In addition to the isotopic and elemental proxies, stalagmite growth rate can
287 be an indicator of hydroclimate (12, 30), although the response depends on the moisture regime. In
288 moisture-limited regimes growth thickness often correlates positively with rainfall amount (30, 31),
289 whereas in very humid regimes the correlation can be inverse (32). Consequently, the growth rate
290 response to rainfall can vary considerably on short time-scales, depending on drip water ionic strength
291 changes. We were able to infer rough growth rate using the distances between the model age points
292 obtained using COPRA (14) shown in Fig. S6. In the case of YOK-G, significant negative correlations exists
293 between $\delta^{13}\text{C}$ and growth thickness ($r = -0.64$, $p < 0.001$) (Fig. S6), suggesting that more rainfall produces
294 thicker laminae. Remarkable correlations between our $\delta^{13}\text{C}$ time-series and other regional and global
295 climate proxies discussed here provide additional strong support for their use as hydroclimate proxies.

296

297 **Age model.** A robust age model with fully propagated errors was constructed using the program
298 COPRA (14) that utilizes a Monte Carlo simulation and a translation procedure that allows for calculation
299 of proxy time-series age uncertainties from radiometric date uncertainties. Annual geochemical layer
300 counting of the top 365 mm (1550-1983 C.E.) shows excellent agreement with the uranium-series ages
301 (12). Although the chronology used for the earlier shorter studies (11-13) was based on the geochemical
302 layer count, here we utilize exclusively a uranium-series chronology in order to maintain the same
303 dating technique throughout the entire extended record.

304

305 **Data treatment and statistics.** Smoothing, interpolation and correlation were done in Matlab. The
306 YOK-G $\delta^{13}\text{C}$ data have a mean resolution of 0.22 years, whereas the uranium concentration data has a
307 mean resolution of ~ 3 years. A number of other records have different resolutions. For the correlation
308 work, the data were interpolated to the lower resolutions of two records. The significance of the r
309 values were determined first by getting a new effective degree of freedom (EDOF) for each data set
310 using the method of Bretherton et al. (33), as follows:

311

$$312 \quad \text{EDOF} = N \frac{(1-r_1 r_2)}{(1+r_1 r_2)} \quad (1)$$

313 Where, N is the length of the time series and r_1 and r_2 , the lag-one autocorrelation. Using the new
314 reduced degree of freedom, a set of t values were calculated. The p -value for each correlation
315 coefficient shown is less than the stated threshold value for two-tailed t values. Thus a p value between
316 0.005 and 0.001 is shown as $p < 0.005$. The values that are lower than 0.001, regardless of how low, are
317 simply shown as $p < 0.001$.

318 Unlike YOK-G and JUX-MX, the Tzabnah Cave (Chaac), northern Yucatan, Mexico (16) is composed of
319 low-uranium calcite and consequently the ages have large errors associated with uncertainties in the
320 initial $^{230}\text{Th}/^{232}\text{Th}$ ratios. The ages for Tzabnah Cave were tuned, within the age uncertainties, using the
321 accurate and precise YOK-G age model. The uranium-series ages for the three speleothems compared in
322 Fig. 3A and 3B (YOK-G, JUX-MX and Tzabnah Cave) were done in the first author's lab. The data were
323 tuned within the age uncertainties using the accurate and precise YOK-G age model (shown in Fig. 3b).

324 Wavelet analysis was done using a Matlab program by Grinsted et al., (21) following the initial
325 formulation by Torrence and Compo (22).

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330 SUPPLEMENTARY MATERIALS

331 Supplementary material for this article is available at

332 Fig. S1. Location Map of the study site, Yok Balum Cave, southern Belize.

333 Fig. S2. Temperature and relative humidity data.

334 Fig. S3. Results from duplicate analyses using Kiel and Gasbench inlet systems.

335 Fig. S4. YOK-G $\delta^{13}\text{C}$ vs rainy season (June – October) rainfall data.

336 Fig. S5. YOK-G $\delta^{13}\text{C}$ vs growth rate.

337 Fig. S6. YOK-G $\delta^{18}\text{O}$ and U concentration data.

338 Fig. S7. Annual Oceanic Nino Index (ONI) vs rainy season monthly averages rainfall data.

339 Table S1. Uranium-series chronology data

340

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417 **Acknowledgements:** We thank the Belize Institute of Archeology for research permit (2006-2008) to
418 KMP and access to the Cave by the land owner, Santa Cruz Village, UKAA. This research was supported
419 by grants from the National Science Foundation: NSF-BCS 0620445 (KMP), NSF-HSD 0827305 (KMP &
420 YA), NSF-EAR-0326902 (YA), NSF-HSD 0827312 (DJK et al.), and from the Alphawood Foundation (2009-
421 2014 to KMP), and the European Research Council (ERC240167 to JULB). Meteorological records
422 provided courtesy of HYDROMET, Government of Belize. **Author Contributions:** YA wrote the draft, VJP,
423 YA and VVA were responsible for uranium-series chronology, YA and VP for the trace element work and
424 JULB, HER, and CGM for stable isotope analysis. YA did the statistical and spectral analysis. DJK, KMP, YA
425 and SFMB conceived the original project. KMP, SFMB, JULB and HER were responsible for field work and
426 logistics. All authors contributed to refining the manuscript. **Competing interests:** The authors declare
427 that they have no competing interest. **Data and materials availability:** All data needed to evaluate the
428 conclusions in the paper are present in the paper and/or the Supplementary Materials. Additional data
429 related to this paper may be requested from the authors.

Supplementary Materials for:

Intertropical Convergence Zone Variability in the Neotropics During the Common Era

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The PDF file includes:

Fig. S1. Location Map of the study site, Yok Balum Cave, southern Belize.

Fig. S2. Temperature and relative humidity data.

Fig. S3. Results from duplicate analyses using Kiel and Gasbench inlet systems.

Fig. S4. YOK-G $\delta^{13}\text{C}$ vs rainy season (June – October) rainfall data.

Fig. S5. YOK-G $\delta^{13}\text{C}$ vs growth rate.

Fig. S6. YOK-G $\delta^{18}\text{O}$ and U concentration data.

Fig. S7. Annual Oceanic Nino Index (ONI) vs rainy season monthly averages rainfall data.

Table S1. Uranium-series chronology data

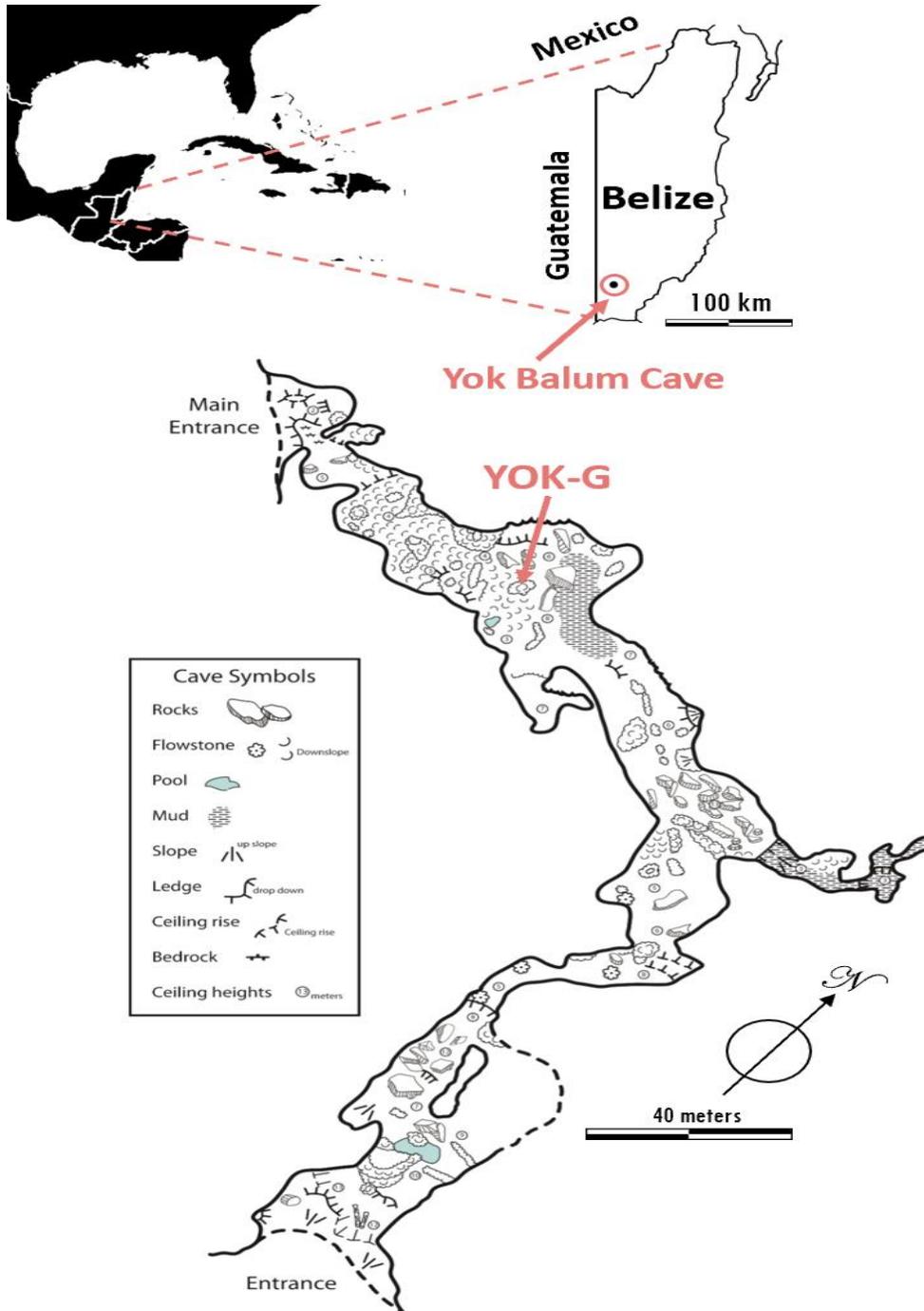


Fig. S1. Location Map. Yok Balum Cave is located in southern Belize [160 12' 30.780" N, 890 4' 24.420" W] at an elevation of 336 meters above sea level. The cave has perennial pools of water and is at 100% humidity (Fig. S2). Figure is adapted from the tape, compass, and clinometer map of the cave produced by Thomas Miller for the project.

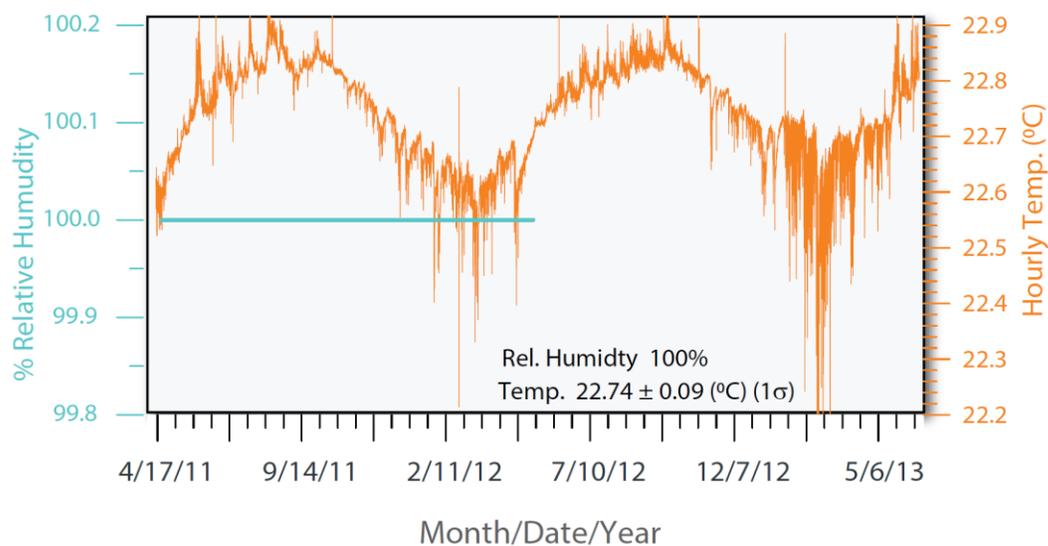


Fig. S2. Temperature and relative humidity data. Results of over two years hourly temperature data shown on an expanded scale. The temperature was 22.74 ± 0.09 (°C) (1σ) over the time of monitoring (between April 2011 and May 2013). The relative humidity was monitored for a little over a year and was always at 100% (12).

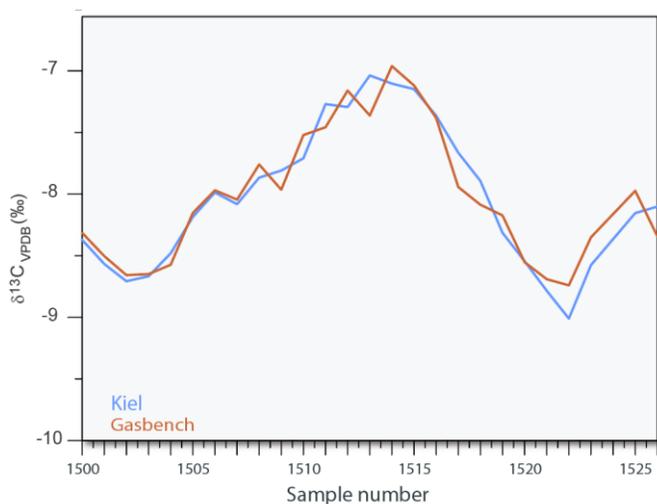


Fig. S3. Results from duplicate analyses using Kiel and Gasbench inlet systems. The results are within the 2σ uncertainties of both analyses (~ 0.1 ‰).

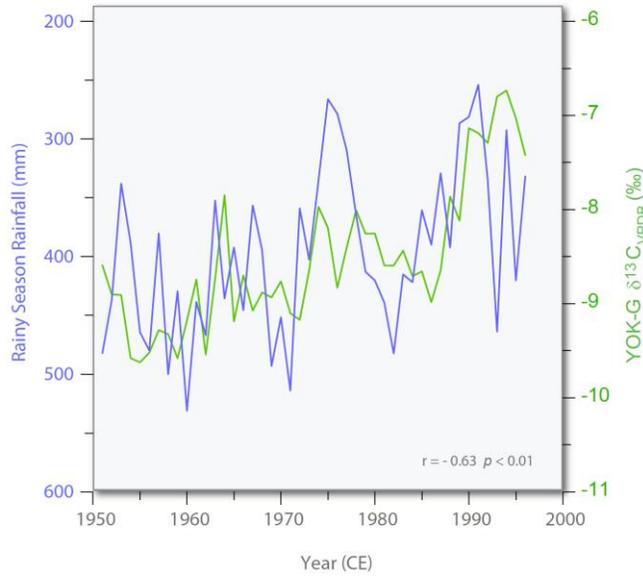


Fig. S4. $\delta^{13}\text{C}$ vs rainy season (June – October) rainfall data. The graph is based on the average multi-station rain gauge data from stations located within a radius of 125 km of our study area. The $\delta^{13}\text{C}$ data capture the short time variability and the overall drying trend.

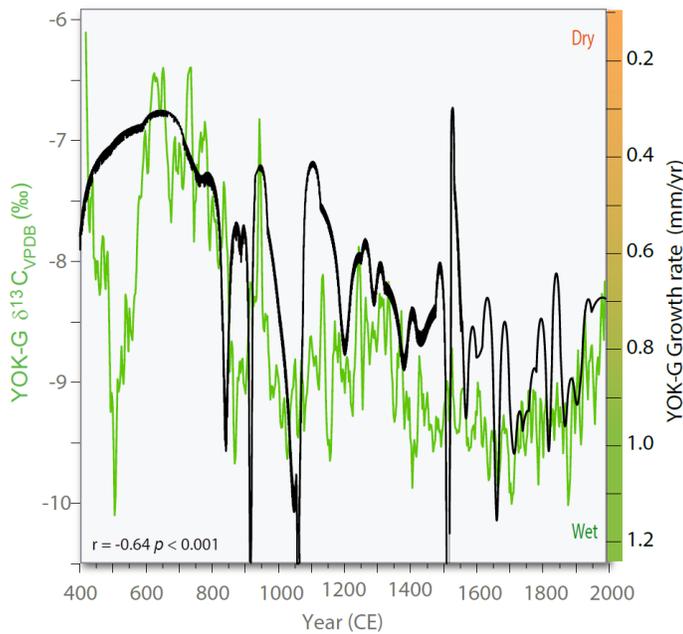


Fig. S5. Comparison between isotope data and growth rate. YOK-G growth rate versus a) $\delta^{13}\text{C}$ ($r = -0.64$, $p < 0.001$) Note: growth rate is measured using U-series age distances. In this case, the growth rate captures the large shifts in the $\delta^{13}\text{C}$ data. The relationship between growth rate and amount of precipitation is not always direct, however.

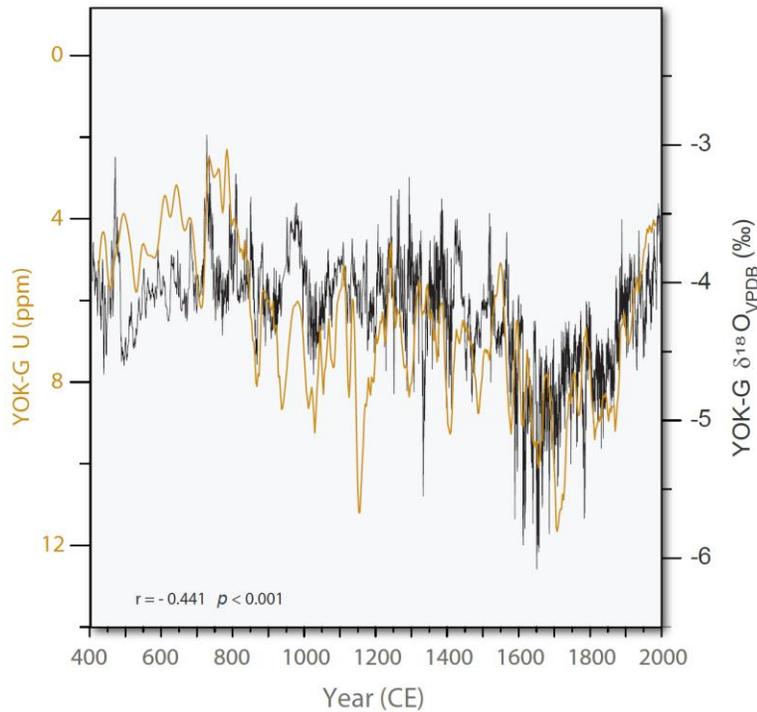


Fig. S6. $\delta^{18}\text{O}$ and U concentration data for YOK-G. Note the flipped axis for uranium concentrations (orange line) compared with $\delta^{18}\text{O}$ (black line) $r = -0.44$, $p < 0.001$. The match between the two proxies is not as good as that for U concentration and $\delta^{13}\text{C}$ ($r = -0.71$, $p < 0.001$). The $\delta^{18}\text{O}$ data capture a variety of atmospheric processes (e.g. cyclones (11) in addition to local hydroclimate.

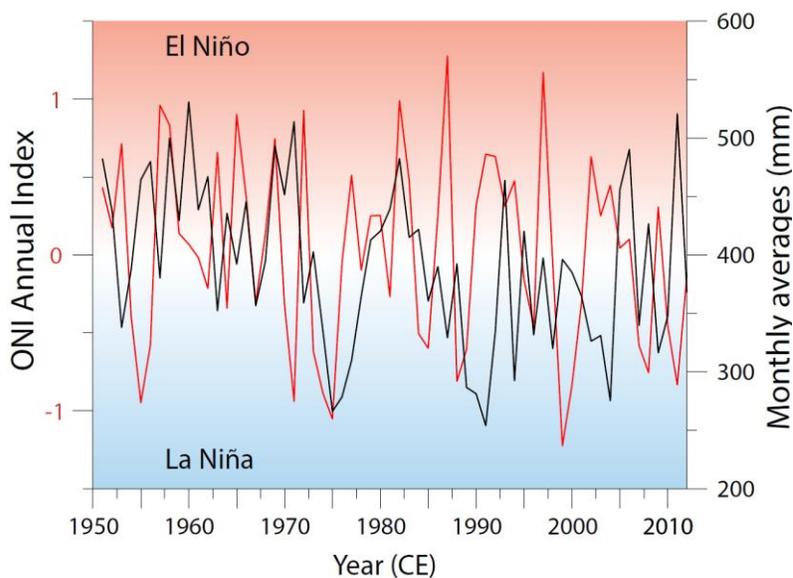


Fig. S7. Annual Oceanic Niño Index (ONI) vs rainy season monthly averages rainfall data. Although ENSO plays an important role in interannual rainfall variability in the tropics, it does not seem to have a significant role in our study area (no statistically significant correlation between the ONI index and rainfall). This seems to have been the case also during the ITCZ phase (the period since ca. 1400 CE when the ITCZ annual cycle seems to be the

dominant controller of annual rainfall). The wavelet analysis (Fig. 4A main text) supports this inference.

Source of ONI data: <https://www.esrl.noaa.gov/psd/data/correlation/oni.data>

Table S1. Uranium-series chronology data

Depth (mm)	²³⁸ U (ng/g)	unc. 2σ	²³² U (pg/g)	error 2σ	(²³⁰ Th/ ²³² Th) activity	unc. 2σ	(²³⁰ Th/ ²³⁸ U) activity	unc. 2σ	δ ²³⁴ U‰ Measured 2σ	unc. 2σ	δ ²³⁴ U‰ Initial 2σ	unc. 2σ	Age Uncorr 2σ	unc. 2σ	Age Corr. 2σ	unc. 2σ	Age (C.E.) 2σ
6.6	5200 ± 5		270 ± 57		32 ± 7		0.00054 ± 0.00003		467 ± 1		467 ± 1		40 ± 2		23 ± 5		1983 ± 5
28.3	4497 ± 9		86 ± 73		136 ± 116		0.00086 ± 0.00004		467 ± 1		467 ± 1		64 ± 3		55 ± 8		1951 ± 8
48.0	5154 ± 5		58 ± 60		331 ± 345		0.00121 ± 0.00003		483 ± 1		483 ± 1		89 ± 2		84 ± 6		1922 ± 6
68.5	6644 ± 7		27 ± 50		1110 ± 2057		0.00148 ± 0.00002		488 ± 1		488 ± 1		109 ± 1		106 ± 5		1900 ± 5
88.3	8352 ± 7		7 ± 42		6471 ± 39632		0.00173 ± 0.00001		464 ± 1		464 ± 1		129 ± 1		128 ± 4		1878 ± 4
108.4	5784 ± 5		59 ± 39		631 ± 422		0.00210 ± 0.00002		485 ± 1		485 ± 1		154 ± 2		150 ± 4		1856 ± 4
125.2	7773 ± 4		31 ± 50		1887 ± 3099		0.00242 ± 0.00003		489 ± 1		489 ± 1		178 ± 2		175 ± 4		1831 ± 4
142.4	17083 ± 20		117 ± 60		1206 ± 619		0.00270 ± 0.00002		508 ± 2		508 ± 2		195 ± 2		193 ± 2		1813 ± 2
165.0	6416 ± 5		4 ± 66		15952 ± 281458		0.00304 ± 0.00003		491 ± 1		492 ± 1		223 ± 2		222 ± 11		1784 ± 11
185.3	6754 ± 5		35 ± 57		2017 ± 3322		0.00338 ± 0.00003		486 ± 1		486 ± 1		248 ± 2		245 ± 5		1761 ± 5
203.4	7932 ± 7		17 ± 61		5051 ± 17887		0.00359 ± 0.00003		477 ± 1		477 ± 1		265 ± 2		264 ± 6		1742 ± 6
223.6	8387 ± 10		5 ± 55		21475 ± 258268		0.00385 ± 0.00002		474 ± 1		475 ± 1		285 ± 2		284 ± 7		1722 ± 7
243.9	10095 ± 25		8 ± 47		15310 ± 86993		0.00413 ± 0.00002		480 ± 1		481 ± 1		304 ± 2		304 ± 4		1702 ± 4
267.3	8099 ± 14		49 ± 47		2287 ± 2173		0.00457 ± 0.00003		481 ± 1		481 ± 1		337 ± 2		334 ± 4		1672 ± 4
288.3	8629 ± 15		64 ± 40		1982 ± 1241		0.00479 ± 0.00003		471 ± 1		472 ± 1		355 ± 2		352 ± 3		1654 ± 3
312.5	5674 ± 18		80 ± 66		1130 ± 937		0.00521 ± 0.00006		451 ± 2		451 ± 2		392 ± 4		386 ± 7		1620 ± 7
327.2	6238 ± 10		14 ± 53		7679 ± 30144		0.00546 ± 0.00005		471 ± 1		471 ± 1		405 ± 4		404 ± 7		1602 ± 7
345.7	7440 ± 11		106 ± 56		1253 ± 664		0.00583 ± 0.00003		469 ± 1		470 ± 1		434 ± 3		428 ± 4		1578 ± 4
362.5	4894 ± 4		21 ± 38		4219 ± 7602		0.00601 ± 0.00002		462 ± 1		462 ± 1		449 ± 2		447 ± 5		1559 ± 5
375.5	6387 ± 6		143 ± 54		879 ± 331		0.00645 ± 0.00003		469 ± 1		470 ± 1		480 ± 2		471 ± 4		1535 ± 4
377.3	3939 ± 4		22 ± 52		3530 ± 8293		0.00654 ± 0.00008		477 ± 1		478 ± 1		484 ± 6		480 ± 10		1526 ± 10
400.5	4165 ± 3		117 ± 45		738 ± 284		0.00681 ± 0.00004		469 ± 1		469 ± 1		507 ± 3		495 ± 5		1511 ± 5
421.1	6200 ± 5		48 ± 42		2764 ± 2424		0.00702 ± 0.00004		446 ± 1		446 ± 1		531 ± 3		527 ± 4		1479 ± 4
441.6	6976 ± 12		54 ± 43		2977 ± 2370		0.00754 ± 0.00003		474 ± 1		475 ± 1		559 ± 2		555 ± 4		1451 ± 4
463.1	4314 ± 5		51 ± 49		2041 ± 1944		0.00789 ± 0.00005		463 ± 1		464 ± 1		590 ± 4		584 ± 7		1422 ± 7
483.4	4590 ± 5		58 ± 55		2043 ± 1939		0.00844 ± 0.00004		493 ± 1		494 ± 1		618 ± 3		612 ± 6		1394 ± 6
503.4	4010 ± 4		53 ± 40		2026 ± 1526		0.00880 ± 0.00003		496 ± 1		497 ± 1		643 ± 3		637 ± 6		1369 ± 6
532.2	6509 ± 4		55 ± 50		3358 ± 3063		0.00935 ± 0.00003		490 ± 1		491 ± 1		686 ± 2		682 ± 4		1324 ± 4
546.1	5081 ± 3		157 ± 42		955 ± 259		0.00963 ± 0.00003		469 ± 1		470 ± 1		717 ± 2		706 ± 4		1300 ± 4
557.7	8218 ± 6		252 ± 49		990 ± 192		0.00993 ± 0.00003		480 ± 1		481 ± 1		734 ± 2		724 ± 3		1282 ± 3
572.0	9897 ± 8		111 ± 59		2763 ± 1472		0.01010 ± 0.00003		462 ± 1		463 ± 1		756 ± 2		751 ± 3		1255 ± 3
590.2	8368 ± 6		55 ± 45		4933 ± 4080		0.01054 ± 0.00003		465 ± 1		466 ± 1		787 ± 2		784 ± 3		1222 ± 3
618.7	6811 ± 4		118 ± 41		1996 ± 871		0.01136 ± 0.00003		497 ± 1		498 ± 1		830 ± 3		823 ± 4		1183 ± 4
642.8	5473 ± 4		55 ± 52		1996 ± 2716		0.01216 ± 0.00003		512 ± 2		513 ± 2		880 ± 3		875 ± 4		1131 ± 4
660.9	4715 ± 3		123 ± 56		1502 ± 678		0.01285 ± 0.00005		499 ± 1		500 ± 2		938 ± 4		928 ± 6		1078 ± 6
682.8	6366 ± 4		86 ± 63		2937 ± 2160		0.01304 ± 0.00004		496 ± 1		497 ± 1		954 ± 3		948 ± 5		1058 ± 5
707.5	11551 ± 9		21 ± 72		22320 ± 75647		0.01336 ± 0.00003		506 ± 2		508 ± 2		971 ± 3		970 ± 5		1036 ± 5
732.4	6575 ± 8		319 ± 74		869 ± 202		0.01378 ± 0.00005		488 ± 1		489 ± 1		1014 ± 4		1000 ± 5		1006 ± 5
752.6	7378 ± 8		191 ± 59		1704 ± 531		0.01440 ± 0.00004		509 ± 2		511 ± 2		1044 ± 3		1035 ± 4		971 ± 4
769.3	3528 ± 4		155 ± 41		1042 ± 273		0.01499 ± 0.00005		496 ± 1		498 ± 1		1098 ± 4		1081 ± 6		925 ± 6
782.0	3840 ± 2		179 ± 36		992 ± 200		0.01516 ± 0.00004		499 ± 1		501 ± 2		1107 ± 3		1091 ± 5		915 ± 5
795.4	5768 ± 4		73 ± 39		3729 ± 2003		0.01534 ± 0.00004		498 ± 1		500 ± 2		1122 ± 3		1116 ± 4		890 ± 4
812.5	6509 ± 5		140 ± 59		2079 ± 872		0.01594 ± 0.00004		507 ± 2		508 ± 2		1159 ± 3		1150 ± 5		856 ± 5
832.8	5114 ± 5		52 ± 54		4879 ± 5050		0.01637 ± 0.00005		520 ± 2		522 ± 2		1179 ± 4		1174 ± 6		832 ± 6
853.0	4994 ± 5		107 ± 64		2461 ± 1483		0.01724 ± 0.00005		526 ± 2		528 ± 2		1238 ± 4		1229 ± 7		777 ± 7
869.8	2814 ± 3		240 ± 58		650 ± 158		0.01811 ± 0.00007		510 ± 2		512 ± 2		1315 ± 5		1287 ± 9		719 ± 9
890.2	4229 ± 5		29 ± 60		8687 ± 18201		0.01937 ± 0.00006		499 ± 1		501 ± 2		1417 ± 5		1413 ± 9		593 ± 9
910.1	5697 ± 5		447 ± 64		797 ± 114		0.02045 ± 0.00006		465 ± 1		467 ± 1		1532 ± 5		1510 ± 6		496 ± 6
929.1	5694 ± 4		187 ± 48		1984 ± 514		0.02132 ± 0.00005		473 ± 1		475 ± 1		1589 ± 4		1577 ± 5		429 ± 5

Unc. 2σ uncertainties, wt.avg=weighted average ages, δ²³⁴U (‰) = ([234U/238U]activity - 1) x 1000. Decay constants from Cheng et al (29). See Materials and Methods section for initial ²³⁰Th/²³²Th correction procedure. All errors are 2σ (absolute).