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Sewage treatment at 4 °C in anaerobic upflow reactors with and without a membrane – performance, function and microbial diversity

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Water impact statement

This study examines the feasibility of domestic wastewater treatment at the extreme temperature of 4°C using two different conventional treatment reactors seeded with cold-adapted inocula. The results showed that sufficient COD treatment occurs in both systems proving that degradation is a property of the biomass, independent of reactor setups. The operation and the microbial community were studied to further understand the features of low temperature wastewater treatment.

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8 **Abstract:** In this study, we investigated the feasibility of anaerobic sewage treatment at extremely low
9 temperatures (4°C) using two reactor setups: Upflow anaerobic sludge blanket reactors (UASB) without and
10 with (AnMBR_{UASB(UF)}) a membrane. Both reactors were inoculated with seeds derived from sediments that were
11 putatively acclimatized to low temperatures. A preliminary batch trial showed that treatment is feasible with the
12 removal of carbon coupled to methane and sulphide production. The reactors operated for 180 days at a
13 hydraulic retention time of 3 days. After 40 days acclimation, both systems met the EU chemical oxygen
14 demand (COD) effluent standard (<125.0 mg.L⁻¹). Initially, the removal efficiency and methane production rate
15 of the AnMBR were slightly higher than those of the UASB. However, over time, both the performance (COD
16 removal and methane production) and the intrinsic capability of the biomass (expressed as cell specific activity)
17 became similar. The wastewater-fed biomass produced <7.0 fmol_{CH₄}.cell_{methanogen}⁻¹.day⁻¹ at cell densities of
18 observation <1.4×10⁶ methanogens.mL⁻¹. Acetate/formate-fed specific methanogenic activities at 4°C (<18 fmol
19 CH₄.cell_{methanogen}⁻¹.day⁻¹) confirmed that acetoclastic methanogenesis is important in both setups and
20 hydrogenotrophic methanogenesis was only unequivocally observed in the UASB reactors. The microbial
21 diversity of the two systems was similar, and interestingly revealed several putatively hydrogenotrophic
22 methanogens (i.e., *Methanospirillum*, *Methanobrevibacter* and unassigned *Methanomassilococeae*).
23 *Methanosaeta*; the archetypal acetoclastic methanogen was present but not abundant and largely confined to the
24 biofilm. These observations suggest that at 4°C methane can be produced not only through direct acetoclastic
25 methanogenesis, but also through acetate oxidation coupled with hydrogenotrophic methanogenesis.

26 **Keywords:** *Low temperature; anaerobic treatment; anaerobic digestion; psychrophile; cold-adapted*

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37 1. Introduction

38 Water is a valuable resource,¹ wastewater, doubly so, as the waste in wastewater (just 1% by mass)
39 contains energy and other valuable resources.² In particular, the organic matter in a typical
40 wastewater has 16.1 kJ/g of chemical oxygen demand or COD.^{3,4} If this stored energy is not reused it
41 will be 'lost'.

42 Successful implementation of a "circular economy", in which all natural resources are used
43 sustainably and regenerated, relies on us solving the problem of that 1%.⁵

44 Wastewater, inevitably, requires treatment, before it can be reused (as per UWWTD 91/271/EC).⁶ In
45 temperate climates, domestic wastewater is mainly treated aerobically using technologies that not
46 only require energy (0.21 kWh.m⁻³ in Northumbrian Water Ltd, UK) but also tend to increase the
47 greenhouse gas (GHG) footprint of the water industry, rendering treatment a major environmental
48 polluter.⁷

49 Anaerobic treatment might be more sustainable.⁸ Using this technology, the organic fraction (usually
50 expressed either as COD or BOD (chemical or biochemical oxygen demand) is converted to methane-
51 biogas, which can then be used to generate energy.⁹ The treated effluent can be either discharged or
52 further polished depending on the prevailing standards (for example, COD <125mg.L⁻¹; UWWTD,
53 91/271/EC).⁶ Thus, anaerobic technologies can turn 'pollution' into a useful by-product with a
54 market value - a resource.

55 Although these anaerobic systems operate well in warm climate (>20°C),¹⁰ performance at lower
56 temperatures is regarded as problematic. Numerous studies have tried to adapt mesophilic
57 biomasses to low temperatures to tackle this issue, but many of them had issues, especially when
58 using real wastewater.¹¹

59 Other studies though had some success, especially after prolonged (>2 years) acclimation periods
60 using artificial wastewaters.^{12, 13}

61 The use of cold-adapted inocula has been reported to address the issue of prolonged acclimation
62 and unsatisfactory hydrolysis/methanogenesis at low temperatures.^{11, 14, 15} Assessing the biomass
63 using cell-specific activity as criterium showed that both hydrolysis and methanogenesis are feasible
64 at temperatures as low as 4 to 15°C. Indeed, although hydrolysis can be the rate limiting step,
65 especially at temperatures below 8°C¹⁶, operation is feasible at 'fairly' cold temperatures (15°C).¹⁷

66 This raises the question of which reactor format to use for the treatment of wastewaters at
67 extremely low temperatures. The AnMBR (Anaerobic Membrane Bio-Reactor) has been promoted in
68 numerous studies of low temperature anaerobic wastewater treatment.^{18, 19} The operational costs of
69 this technology²⁰ though make AnMBR's utility questionable for domestic wastewater applications;
70 there is simply not enough energy in domestic wastewater to run a membrane bioreactor.²¹

71 UASB reactors are a proven low-cost technology for the treatment of wastewaters: albeit so far only
72 in tropical climates.¹⁰ We wished to know if UASB will treat wastewater at 4°C. In so doing we were
73 mindful that the lower the temperature, the more solidified/crystallized the organic compounds
74 become.^{22, 23} Moreover, early work may have sidestepped this important practical issue by working
75 with synthetic wastewaters, lacking sulphate and indigenous (non-acclimated) bacteria.^{13, 19, 24, 25}

76 We therefore elected to compare UASB with and without a membrane, fed with really wastewater
77 at 4°C. We characterized the microbial community developed in the reactor(s) to understand which
78 consortia developed in each phase (MBR, mixed liquor). Cell specific methanogenic activities were
79 obtained *in situ* (wastewater-fuelled) to determine the intrinsic treatment properties of the biomass.

80 2. Methodology

81 2.1. Reactor setup and operation

82 *Reactor setup:* Two 1 L UASB reactors (Figure S1) identical to those described in Petropoulos et al.,
83 (2019)¹⁷ (height : diameter ratio: 1 : 6; height: 600 mm; upflow velocity: 0.6 m.h⁻¹) were seeded with
84 a cold-adapted inoculum (16.8 ± 3.0 gTSS L⁻¹ and 1.0 ± 0.1 gVSS L⁻¹ mixed liquor); the low VSS : TSS
85 (Volatile and Total Suspended Solids) reflects the origin of the biomass (soils/sediments rich in silt
86 and gravel) collected from Lake Geneva (N 46 o 23'04", E 6 o 25'07"; (average temperature -11–17
87 °C)). The inoculum has been previously subjected to low temperature wastewater treatment trials
88 (published and un-published).^{16, 17, 24, 26} After a preliminary batch trial, one of the two UASBs, was
89 equipped with a polyvinylidene fluoride (PVDF) hollow fibre membrane (hydrophobic, pore size 0.1
90 µm) unit. Both reactors were equipped with a gasbag (Sigma Aldrich, UK) for gas storage, fitted with
91 a sample port. The hoses of both reactors were frequently cleansed to prevent biofilm formation. A
92 syringe was incorporated downstream of the membrane to allow evaluation of the resistance of the
93 membrane to safeguard the membrane against over-pressure and damage.

94 *Substrate:* Primary settled domestic wastewater was collected from Tudhoe Mill wastewater
95 treatment plant (WWTP) in County Durham, UK. This substrate was the same as that used in
96 previous studies by our group.^{16, 17, 24, 26, 27} The COD concentrations varied considerably (300 - 600 mg
97 L⁻¹), and the particulate fraction was rich in lipids. The substrate's volatile suspended solids (VSS)
98 heavily fluctuated, from 30 to up to 450 mg.L⁻¹.

99 *Operation:* At the batch-fed trial hydrolysis–fermentation, sulphate reduction, methanogenesis and
100 overall COD removal rates were estimated (as per Petropoulos et al., 2017)²⁴. The batch period
101 lasted for 19 days; then one of the UASBs received a membrane unit and converted to an AnMBR
102 reactor. The two reactors were fed continuously with the flow adjusted to deliver the required
103 hydraulic retention time (HRT) of 3.5 days. The upflow velocity was kept at 0.8 m h⁻¹. In the AnMBR,
104 the membrane flux (LMH) was set as 0.4 L.m⁻².h⁻¹. The increased HRT and the low LMH were selected
105 to keep clogging minimal and treatment relatively good, considering the low population present in
106 the inoculum. This operational regime reduced membrane backwashing and cleansing (30 mins per
107 day relaxation; backwash for 30 minutes every 2 HRTs for 30 minutes).

108 The starting sludge loading rate (SLR) was initially 0.2 kgCOD kgVSS⁻¹ per day (conc. of VSS in the
109 mixed liquor during start-up of 1.0 g.m⁻³); however, since the inocula were initially soils and
110 sediments rich in plant materials not all this VSS encompasses bacteria. From enumeration
111 (Petropoulos et al., 2019)¹⁷, we expect a population of ≈5 × 10⁷ cells per ml inoculum. Using a
112 bacterial mass of 10⁻¹² gVSS per cell this would correspond to a start up at an excessive SLR of 46 ±
113 1.5 kgCOD kg VS_{bacterial}⁻¹ per day. This operational variable may be far too increased for satisfactory
114 operation, but is expected due to the biomass' nature (sediment rather than anaerobic sludge).

115 2.2. Chemical analysis

116 *Gas analysis:* CH₄ in the headspace (gasbag) was monitored as % by volume using gas
117 chromatography (GC). Gas samples (50 µl) withdrawn from the bag using a gas-tight syringe (SGE-
118 Europe) were injected to a Carlo Erba HRGC S160 GC fitted with an FID detector and a HP-PLOTQ
119 column (0.32 mm diameter, 30 m length and 20 µm film). The dissolved methane in both the mixed
120 liquor and the effluent was also measured by quantifying (%) the formed methane from a 20 ml
121 sample in a closed Wheaton vial (60 ml) after vigorous shaking at 25 °C. The conversion of the
122 methane to energy calculation was based on the methane produced during the most steady
123 operational phase (days: 85-181) as per Petropoulos et al., 2019.¹⁷

124 *Solids:* The VSS content of the biomass was estimated gravimetrically as per APHA, 2006.²⁸

125 Samples from the liquid phase were removed from reactors using sterile syringes and transferred to
126 sterile 2 ml microcentrifuge tubes and then centrifuged (3 min at 13 000 × g) to obtain a supernatant
127 for analysis. The supernatant was analysed by ion exchange chromatography.

128 *Anions:* SO₄²⁻ was measured after filtration (0.45 µm) in a Dionex, ICS-1000 ion chromatograph fitted
129 with an AS40 automated sampler.

130 *Flux:* The membrane flux was estimated from the volume of the effluent that passed through the
131 membrane in a 24 h period.

132 *Carbon content:* Total COD and soluble COD (sCOD) in the influent, effluent and mixed liquor were
133 measured based on APHA, 2006.²⁸

134 2.3. Molecular analysis

135 Detailed procedure for microbial analysis including DNA extraction, qPCR and Illumina HiSeq
136 sequencing analysis was similar to that previously described in Shamurad et al., (2019, 2019b).²⁹⁻³¹

137 *DNA extraction:* Biomass samples were obtained from the pellets formed after centrifugation of a
138 mixture of mixed liquor and biofilm samples (3 minutes, 14 000 rpm of total vol. of 1 ml). This DNA
139 extract was used for quantification. The mixture was generated after scraping the biofilm from the
140 membrane, allowing it to drop into the mixed liquor. For sequencing, separate biofilm and mixed
141 liquor masses were used for extraction. Total genomic DNA was extracted using a protocol based on
142 CTAB and C₆H₆O:CHCl₃:C₅H₁₂O in which the addition of CHCl₃:C₅H₁₂O was carried out twice to
143 minimize the presence of C₆H₆O in the sample; 2 ml Eppendorf tubes with phase lock gel® (VWR, UK)
144 were also used to separate the generated phases (described at Petropoulos et al., 2019)¹⁷. The DNA
145 extractions for qPCR enumeration were carried out on samples collected on days 6, 39, 50, 60, 68,
146 130 and 181, DNA for sequencing was only abstracted on the final experimental date after relatively
147 stable operation with regard to feeding and microbial counts (as per cell enumeration (qPCR – see
148 below). The quality of the DNA, prior to further analysis were found within 1.8 to 2.1 for the 260 :
149 280 and 230 : 260 ratios (Nanodrop (ThermoFisher, UK)). The quality control of each batch of DNA
150 extraction was ensured by preparing blank DNA samples following the same sample-preparation and
151 DNA extraction methods.

152 *Sequencing:* Sequencing of the extracted DNA was implemented at Earlham Institute (Norwich, UK)
153 at an Illumina Hi-Seq. as per Kozich et al., (2013).³² Specifically, an Illumina HiSeq 16S rRNA (V4

154 region) gene sequence library (Earlham Institute, UK) was prepared as per the protocol provided by
155 Kozich et al., (2013).³² The amplification primers used in this protocol (F515/R806,³³) were
156 reappraised using the Silva database Test Prime tool³⁴ and were found to target 87% of all bacterial
157 sequences in the SILVA Ref NR database, a finding consistent with their wide use in 16S rRNA
158 community analysis. With respect to the coverage of the archaeal domain the primer pair was found
159 to target only 53% of total archaeal sequences, however, with respect to the Euryarchaeota which
160 encompass the lineages recognised to be methanogens in anaerobic environments and particularly
161 those responsible for biomethane production in AD reactors^{35, 36} the coverage was 88%, including
162 the orders *Methanobacteriales* (93%), *Methanococcales* (85%), *Methanomassiliicoccales* (82%),
163 *Methanomicrobiales* (92%), *Methanosarcinales* (90%), *Methanocellales* (90%) and the recently
164 described candidate order *Methanofastidiosales* (76%). The 16s rRNA gene data was processed via
165 'Quantitative Insights Into Microbial Ecology' (QIIME 1.9.1 pipeline (Caporaso et al., 2010)³⁷) as
166 described in Shamurad et al., (2019).²⁹⁻³¹ In QIIME2 a table of representative sequences (taxa) in the
167 samples was produced. Then, a feature table containing the frequencies of each taxon per samples
168 was produced by comparing the representative sequences with the taxon in the SILVA119 reference
169 database. There were more than 150000 sequences per sample, covering $\geq 90\%$ of the diversity.³⁸

170 The feature table data was used to visualise microbial diversity (alpha and beta diversity) and non-
171 metric multidimensional scaling (NMDS) on Unifrac distances (PCoA) using the phyloseq³⁹ (and
172 MicrobiomSeq⁴⁰ packages in R.⁴¹ Most of the bacterial sequences were not taxonomically assignable
173 below genus level. Therefore, in this manuscript, the discussion of bacterial composition is mainly
174 based on family and genus level with references to taxonomic levels at species levels where
175 appropriate.

176 *Enumeration:* for the preparation of the qPCR standards (*mcrA* gene), *Methanosarcina barkeri*
177 cultures were used as a point of reference organism (standards). DNA was extracted from cultures
178 using the MP-bio 'for soil DNA' extraction kit (UK) following the manufacturer's instructions. The
179 *mcrA* gene was amplified using the *mlas-f* primer.⁴² Amplifications, cloning, yielding, enumeration
180 and dilution were all carried out as per Petropoulos et al., (2019)¹⁷.

181 Quantitative PCR (qPCR) was used for the quantitation of methanogens and total bacteria in the
182 reactors. The methanogenic groups were quantified using functional gene primers (*mlas-f*, *mcrA-rev*)
183 for methanogens by using a previously described method by Steinberg and Regan (2008)⁴². The qPCR
184 took place on a CFX96 real-time PCR system (Biorad, UK) using 39 cycles. Reaction conditions and
185 reagents are given at Petropoulos et al., (2019)¹⁷. All qPCR reactions were performed in triplicates,
186 efficiency was calculated based on the standards' trend. Starting quantity (SQ) from the qPCR as per
187 gene copies per ml was converted to cells per ml.⁴³ For quality control, the blank genomic DNA
188 samples (see above) were analysed with each batch of Real-time PCR and Illumina sequencing
189 analyses.

190 2.4. Methanogenic activity assays

191 At the end of experimentation, the methanogenic activity of the biomass developed in the reactors
192 was evaluated in 100 mL glass vials (with a rubber borosilicate seal) using two direct methanogenic
193 substrates, acetate and formate, at concentrations of 1000 mgCOD L⁻¹. The biomass added was
194 adequate to achieve an assay F:M of ≈ 0.50 (gCOD:gVSS). The operational temperature of the assay
195 was selected as 4 and 37 °C as per the operational and the common assay temperature. Controls

196 with unamended biomass were also included (fed with distilled water). All treatments were
197 prepared in duplicate, prior to incubation, the pH was set to 7.0 ± 0.1 . Methane was measured twice
198 per day at 12 h intervals.

199 The results are expressed as activity per methanogenic cell, after a qPCR enumeration that was
200 carried out at the start of the assay (as per Petropoulos et al., (2019)¹⁷) as well as per gram of VS
201 (assay VS). For the activity fuelled from the wastewater, the same cell-based approach as above was
202 followed, where the methane produced through qPCR enumeration intervals was divided by the
203 average number of cells measured between the two data points (as per Petropoulos et al., (2017)²⁴)
204 – the experimental days for that were: 6, 39, 50, 60, 68, 130 and 181.

205 3. Results and discussion

206 3.1. Batch trials

207 Prior to continuous operation the reactors were operated as batch fed reactors with internal recycle,
208 to evaluate the salient process bio-conversion rates (hydrolysis/fermentation, sulphate reduction,
209 methanogenesis and COD removal). Overall, the initial performance showed that cold adapted cells
210 in the inoculum can utilize the substrate present in wastewater (Figure 1). The rate limiting step
211 during this trial was hydrolysis/fermentation, a result that was in line with those of previous batch
212 studies using similar cold-adapted inocula.²⁴ These scoping experiments showed that COD removal is
213 mainly a combination of methane production and sulphate reduction with a combined rate equal to
214 $12.0 \text{ mgCOD.day}^{-1}$. The importance and competence of the sulfate reducing bacteria (SRB) at low
215 temperatures has been previously highlighted by Virpiranta et al., (2019)⁴⁴ and Madden et al.,
216 (2014)⁴⁵ whilst their importance at wastewater treatment processes has been previously
217 commented by van den Brand et al., (2018)⁴⁶. The biological COD reduction processes accounted for
218 65% of the reduction, yielding a mass balance gap of $6.6 \text{ mgCOD.day}^{-1}$. Similar gaps have been
219 observed before,^{16, 17, 24} and were attributed to accumulation of un-hydrolysed matter, which is
220 challenging to detect since such compounds are usually associated with biomass and typically not
221 sampled for COD measurements.

222 3.2. Acclimation period

223 *Acclimation period:* After the initial batch fed period, the reactors were operated using a continuous
224 feeding strategy, incorporating a membrane unit (MBR) in one of the two replicates. Their operation
225 was monitored for 181 days. Operational consistency in most of the parameters monitored started
226 appearing from day 40 onwards. This presumably signified the initiation of acclimation of the cells to
227 both substrate and temperature.

228 3.2.1. Redox potential and pH during operation

229 Specifically, the reduction of the redox potential (ORP) to levels typical for anaerobic environments
230 was apparent after day 40 ($< -100 \text{ mV}$). The reduction was observed for both systems (UASB and
231 AnMBR), (Figure 2a), but at slightly different rates with the sharpest of the trends appearing for the
232 AnMBR – signifying faster acclimation over the UASB. The rate of the redox potential reduction was
233 approximately -1.28 and -1.43 .day^{-1} for the UASB and the AnMBR respectively. Overall, the redox
234 potential was higher than previously observed in similar methanogenic/sulphate reducing
235 bioreactors operating at low temperatures (i.e. $\sim -300 \text{ mV}^{47}$). Should the redox potential continue to
236 fall we anticipate that they would reach levels like those reported after no more than 200 days for

237 both reactor setups. The pH initially increased, indirectly indicating acids' utilization, and over time
238 stabilized at a pH 7.2 ± 0.3 (Figure 2a) which is optimal for anaerobic processes, and suggests that
239 expected hydrolysis/fermentation were limiting. An unexpected pH peak was observed on day 96, an
240 event that cannot be reconciled with any of the monitoring parameters and is likely related to the
241 wastewater nature.

242 3.2.2. Operational loading

243 From day 40 onwards, the OLR (Organic Loading Rate) was essentially constant (Figure 2b), at an
244 average of $0.1 \text{ kgCOD} \cdot \text{m}^{-3} \cdot \text{day}^{-1}$, or $0.2 \text{ kgCOD kgVSS}^{-1} \cdot \text{day}^{-1}$ as SLR (Sludge Loading Rate). This would
245 be relatively low for conventional mesophilic operation. However, a good deal of the biomass in the
246 reactor was expected relatively inert plant material. The load per bacterium was probably a great
247 deal higher. For example, for approximately 8×10^4 methanogenic cells $\cdot \text{ml}^{-1}$ (Figure 6) and assuming
248 10^{-12} grams VSS $\cdot \text{cell}_{\text{methanogenic}}^{-1}$ (Rittman and McCarty, 2001⁴⁸) the methanogenic sludge was 0.04
249 $\text{gVS} \cdot \text{m}^{-3}$. This corresponds to a methanogenic sludge volumetric loading (SLR) of approximately 2.5
250 $\text{kgCOD} \cdot \text{kgVSS}^{-3} \cdot \text{day}^{-1}$. This SLR is comparable with what McKeown et al., (2009)¹³ applied (0.4 - 0.5
251 $\text{kgCOD} \cdot \text{m}^{-3} \cdot \text{day}^{-1}$) at a methanogenic reactor, fed with VFA intermediates, at a similar temperature
252 and after 1150 days of operation (versus 40 days in this study). This highlights the advantage of
253 using cold-adapted inocula rather than adapting conventional mesophilic ones.

254 3.3. Continuous operation – Wastewater treatment and process limitations

255 3.3.1. Wastewater treatment

256 The COD effluent quality among the two systems was found equally good, especially after
257 acclimation (days 0-40) (Figure 3a). Specifically, after day 40 both systems had an effluent that
258 consistently met the COD regulations (UWWTD, COD: $<125 \text{ mg/L}$)⁶ with only the UASB requiring
259 some more time to reach this level. Similar were the results for sCOD (Figure 3b) where lysis of
260 particulate COD was slightly more robust in the AnMBR compared to the UASB (Figure 3c, 3d) and
261 this apparently assisted in the formation of a diverse biofilm. The effluent COD between the two
262 systems differed only prior (day 40). This suggests that after acclimation both systems are capable in
263 removing the COD that could "realistically" be removed; hence, for both AnMBR and UASB the OLR
264 could have been increased from this point without risking effluent quality. The status of the solids in
265 the effluent followed a similar trend with robust efficiency for the AnMBR (Figure 3e). Increased
266 solids' concentration at the early stage for the UASB indirectly indicates the likelihood of biomass
267 washout, a conjecture also supported by the qPCR results presented later. Surprisingly though, some
268 solids also appeared in the AnMBR effluent. This may be related to small macromolecules, proteins
269 and/or lipids having passed through the membrane. The COD removal efficiency obtained here
270 means that in practice when the effluent is further treated for ammonia removal, additional input of
271 oxygen for the removal of already removed COD and sCOD (and subsequently BOD in domestic
272 wastewater,²) is not required, reducing the theoretical input of oxygen by $1.5 \text{ kgO}_2 \cdot \text{kgBOD}^{-1}$.⁴⁹

273 Inclusion of a membrane in a UASB accelerates start-up but comes with an increased CAPEX (capital
274 cost). However, membranes can reduce operational cost especially during start-up, as in many cases
275 collection and treatment of sub-standard effluent (until the consent is met) will be required. Hence,
276 a key factor of an MBR setup at low temperatures is solely the trade-off between membrane cost

277 and cost for effluent trucking during the start-up; after that a membrane is no longer necessary (as
278 also has been demonstrated at 15°C).¹⁷

279 In the AnMBR the mixed liquor contributed to the COD treatment by 54.0±8.9%, whilst the rest of
280 the organic matter was removed by the biofilm (based on COD inlet, COD mixed liquor (ML) and COD
281 effluent). The mixed liquor removal mechanism for the UASB contributed to the overall treatment by
282 87.1±9.9% (whilst the rest was removed in the upper part of the UASB). Similarly, for the sCOD,
283 55.5±8.8% and 70.3±4.8% was removed by the mixed liquor of the AnMBR and the UASB
284 respectively (Figure 3a, b, c and d in the manuscript). This shows that the biofilm on the membrane
285 was active; however, the activity was not as critical as previously observed by Smith et al., (2014)¹⁹.
286 This may be attributed to the long HRT as well as the low LMH that allowed most of the treatment to
287 take place in the mixed liquor.

288 Throughout operation, granulation was not apparent, and indeed not expected, due to the
289 operational temperature and loading.⁵⁰⁻⁵² In principle, granulation at low temperature is feasible, but
290 the slow metabolic rates negatively impact cell-based agglomerates and making their preservation
291 challenging.⁵³

292 3.3.2. *Gases production and energy balance*

293 Methane production rate had an increasing pattern over time for both AnMBR and UASB. The two
294 systems operated equally well with the 1st achieving a slightly faster acceleration as per Figure 4a.
295 The rates were improving by a rate of 0.0035 and 0.0031 mmol per HRT for the AnMBR and UASB
296 respectively (R^2 shown on the corresponding figure). As expected, at this temperature a large
297 amount of methane was found in the effluent (14.6±5.2 and 22.9±9.6% for the AnMBR and the UASB
298 respectively). This amount was higher than what was expected at equilibrium conditions whilst
299 similar phenomena were observed at Smith et al., (2013)¹⁸. The increased dissolved methane in the
300 UASB begs the question whether the AnMBR partially operates as a gas stripping mechanism that
301 increases available biogas, plausibly due to the microturbulence generated around the membrane
302 due to a pressure drop over the membrane resulting a gas stripping (from the fluid trying to pass
303 through bacterial colonies, EPS (extracellular polymeric substance) and other particles.

304 Sulphate reduction contributed in the COD removal as expected,⁵⁵ also shown at the preliminary
305 batch phase. On Figure 4b it is observed that sulphate reduction was higher at the AnMBR compared
306 to the UASB, this is likely related to the SRB (Sulphate Reducing Bacteria) originated from the
307 wastewater that due to the membrane remain in the system, acclimate and contribute to treatment
308 (whilst in the case of the UASB such cells will plausibly shock from the conditions and washout (ΔG^0 -
309 47 compared to -31 kJ per sulphate reduction and methanogenesis respectively).

310 The overall methane production from both systems was poor, with only the UASB able to almost
311 reach energy neutrality (-0.001±0.012 kWh.m⁻³, as compared to the AnMBR with -0.3113±0.006
312 kWh.m⁻³) – under the assumption that all methane in the effluent can be recovered (detailed
313 references and life cycle assessment in Appendix Table S1). In the scenario where the SO₄ in the
314 influent is depleted or not absent, the balance becomes positive for the UASB, the AnMBR though
315 remains energy negative (0.0664±0.025 and -0.288±0.024 kWh.m⁻³ respectively). This highlights that
316 the COD in the domestic wastewater that can be methanised at 4°C will generally not be sufficient to
317 support energy neutrality in the case of advanced treatment (i.e. with membranes). Employing more

318 simple setups (i.e. UASB) can be a viable option, especially as this anaerobic (pre-)treatment
319 technology does not require energy for oxygenation, which was kept out of the above calculations.

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320 3.3.3. Cell-specific WW treatment rates

321 The average WW-fuelled cell-specific methanogenesis rate (Figure 4c) of the continuous phase was
322 found comparable to the one achieved by Petropoulos et al., (2017)²⁴ also at low temperatures (5.93
323 and 6.93 fmol_{CH₄}·cell⁻¹·day⁻¹ for AnMBR and UASB respectively) where again a cold-adapted inoculum
324 was used. The improvement was more noticeable for the UASB-originated methanogenic activity.
325 These methanogenic rates are evidently higher with those typically achieved in conventional
326 mesophilic (37°C) digester);²⁹ however, in our case the methanogenic abundance was lower
327 (denominator, numerator is the methane production).

328 3.3.4. Treatment rates

329 The average rate of methanogenesis during the continuous phase, including start-up was similar to
330 those from batch phase (5.48±0.87 and 5.21±0.49 mg·L⁻¹·day⁻¹ for the AnMBR and UASB
331 respectively). For hydrolysis/fermentation though, the rate increased (3.91±2.43 and 4.52±3.1 mg·L⁻¹·
332 day⁻¹ for the AnMBR and UASB respectively) from almost zero during the batch. This highlights the
333 enrichment of hydrolysers over time and the fact that organisms that treat at 4°C do exist, number
334 and acclimation is subjected to time.

335 Due to the high error bars (rates above) it is unclear whether AnMBR or UASB hydrolysis occurred
336 consistently faster. The status of the COD and sCOD in the mixed liquor of the two systems (Figure
337 3c, 3d) indicates that hydrolysis of particulate matter in AnMBR is increased compared to for the
338 UASB. This is expected considering that more of the metabolically active cells remain in the reactor.
339 Another interesting observation is the abundance of *Bacteroidales* (also shown later), a robust
340 hydrolyser,⁵⁶ on the biofilm. The overall picture though shows that hydrolysis is crucial in these
341 temperatures but AnMBR has clear advantage over UASB only during the start-up.

342 3.3.5. Mass balance

343 Mass balances for both systems (Figure 5a, 5b) indicated the presence of a high COD gap that is a
344 typical issue at low temperature operation. This is typically attributed to unhydrolyzed particulate
345 matter that typically occurs in such systems operating at low temperatures^{14, 15, 57, 58} and previously
346 investigated for the current inoculum.¹⁶

347 It is crucial that the rate of gasification via methane or sulphate reduction increases over time (to
348 claim treatment and prevent solids' build up). The rates of methane production in the mass balance
349 were increasing faster than the sulphate reduction rates, a fact that might need further investigation
350 since this is thermodynamically unfavourable (plausible syntrophic interaction). The increase of the
351 number of the methanogenic cells though support this finding (Figure 6). The rate of increase of
352 methanogenesis in the balance is slightly higher for the AnMBR compared to the UASB (trends of:
353 AnMBR 2.2% increase day⁻¹; UASB 1.99% increase day⁻¹ (Figure 5a, b)). Overall, only a small amount
354 of organic matter turns into methane during the start-up of the reactors where the larger amount is
355 utilized for sulphate reduction (SRB). This is reversible for the UASB due to the fact that mainly
356 resilient cells remain in the reactor and adapt to the conditions.¹⁷

357 Interestingly, gas formation/sulphate reduction peaks between the two systems were aligned
358 signifying the importance of the wastewater composition in biodegradability and indirectly showing
359 that the qualitative parameters in the reactor (diversity) is similar, the quantity of the cells may not.
360 Thus, acclimation is related to the number of cells that can only increase at optimal conditions.

361 3.3.6. *The membrane operation - flux*

362 No significant reduction in the flux during the operation appeared. Throughout the operation, over
363 the 181 days, the flux only reduced by less than 10ml per square meter per HRT. This is considerably
364 lower than what was previously observed by Petropoulos et al., (2019)¹⁷ using a similar setup but at
365 a high operational flux and temperature. Higher operational flux can be maintained at such
366 temperatures;^{18, 19} however, gas sparging may be required to mitigate fouling. Generally, this
367 observation highlights the importance of the conservative flux for sustainable operation of
368 membrane reactors at low temperatures.

369 3.4. Microbial diversity and dynamics

370 3.4.1. *Methanogenic cell enumeration*

371 The archaeal community grew faster in the AnMBR reactor during start-up (Figure 6 (< 120 days)).
372 The UASB took longer to reach similar numbers of methanogens. This is presumably due to the
373 presence of the membrane, which acts as a barrier, retaining the cells in the mixed liquor.^{17, 20} In the
374 UASB, partly acclimated or less competitive cells inevitably would most likely wash out, especially
375 under challenging conditions where the substrate is limited (diluted wastewater) and becomes even
376 more scarce when only part of it readily available (i.e. presence of un-hydrolysed/non-degradable
377 material) and the cell abundance higher. This was evident in the early stages of the experiment (Days
378 6-39), where the UASB lost some of the methanogenic cells, whilst the AnMBR during the same
379 period achieved clear growth.

380 Generally, the overall number of methanogens was low. Populations in upflow reactors are typically
381 $\approx 10^9$ methanogens.ml⁻¹,^{59, 60} whilst, there is no reason, in principle, why these numbers cannot be
382 reached in such reactors under such conditions, but it could take a very long time (>590 days as per
383 the equations from Figure 6). However, much lower numbers can lead to satisfactory treatment if
384 the cell specific activity is high enough.²⁴ It is not yet known what is the maximum capacity of the
385 reactor with regards to community size as a plateau in the methanogenic population has not been
386 observed; however, the lack of lag-phase in both cells or mass balance has not appeared, underlining
387 the slow growth at such conditions.

388 The methanogens in the AnMBR, grew consistently whilst in the UASB growth rates fluctuated.
389 Fluctuations are typical in biological reactors operating under harsh conditions where acclimation is
390 essential.¹³ In lab-scale, fluctuations after acclimation is not expected as conditions are consistent, in
391 reality though, conditions vary (diurnal and seasonal cycle), thus, acclimation must be rapid to cope
392 with treatment.

393 3.4.2. *Bacterial diversity in anaerobic reactors treating actual wastewater at 4°C*

394 The quality-filtered 16S rRNA sequence libraries provided an average of 1,048,000 reads. The
395 number of sequences in the highest and smallest libraries ranged between 35000 and 89000. Qiime2

396 pipeline analysis of the sequence libraries identified a total of 12850 bacterial taxa (accounting for
397 ~95% of sequence reads) and 142 archaeal taxa (~5.0% of reads).

398 There were little or no detectable differences between diversity indices in the mixed liquors in both
399 kinds of reactors. However, the diversity (richness) of the MBR biofilm was significantly lower ($p <$
400 0.05) than the MBR mixed liquor (Figure 7a, b). The diversity indices indicated that the community of
401 the wastewater was significantly lower in diversity (Figure 7a, b) and distinct ($p < 0.05$) from (Figure
402 7c, d) that of the reactors.

403 The composition of the archaea and the bacteria in the UASB and the MBR were reproducible within
404 the replicate samples taken (Figure 7 c, d; and S2a, b). There were small, but clear differences,
405 between the bacterial, but not in the archaeal composition of the reactors (Figure 7 c, d; Figure 8a, b
406 and S2a, b). We cannot say with certainty that treatment relied on biofilm since as we will see
407 above the treatment efficiencies between AnMBR and UASB were not tremendously different,
408 confirming that treatment can be independent of reactor regime after satisfactory acclimation.^{17, 24}
409 This explains why bio-augmentation could work when the inoculum amended is specialized on the
410 operational conditions (i.e. Cui et al., (2014)⁶¹ at 10°C).

411 However, archaea in the biofilms were the exception and were, for some reason, different. The
412 treatment communities in all reactors remained relatively distinct from the wastewater community,
413 suggesting that, even after 180 days, the latter had not had a substantial effect on the former.

414 Generally, the bacterial families dominating the reactor samples were *Rhodocyclaceae*,
415 *Comamonadaceae*, *Anaerolinaceae*, *Xanthomonadaceae*, and unassigned *Bacteroidales* (Figure 8a;
416 further details on Figure S4 (top 20)). Most of these families are, as mentioned, common families in
417 anaerobic digesters. *Rhodocyclaceae* is a common family able to produce H₂ with main presence in
418 the biofilm.⁶² This indirectly highlights that syntrophic interactions may be promoted in the biofilm⁶³
419 considering that typical hydrogenotrophs (i.e. *Methanomicrobiales*, *Methanosarcina*) were abundant
420 mainly in the biofilm. *Anaerolinaceae* on the other hand is a typical acetate producer cell,
421 intermediate that can be utilized by both acetotrophic methanogens (i.e. *Methanosaeta*) that were
422 abundant in both mixed liquor and biofilm but also sulphate reducers (i.e. *Costridiales* and
423 *Desulfovibrionaceae*; *Longlinea* at a genus level) (Figure 9a). *Xanthomonadaceae* were abundant in
424 the mixed liquor, heterotrophs able to produce EPS (xanthan) involved in biofilm formation;⁶⁴
425 however it is a surprise they were in low abundance at the biofilm. Interesting is the predominance
426 of *Bacteroidales* in the biofilm, a family with reputable hydrolytic activity, especially for substrates
427 like lignin and lipids;⁵⁶ lipids is a common bottleneck in such temperatures¹⁶ with some technological
428 breakthroughs appearing only recently.⁶⁵ Interesting is the presence of the *Sulfuri* genus at the MBR
429 reactor, especially on the biofilm, this may be the cause of the increased Sulphate reduction at the
430 AnMBR setup; this genus was not present at the wastewater. From the top 20 families/genus,
431 nothing unique was observed in the wastewater, however, communities present in the reactors
432 were not in high abundance in the substrate. Interestingly, the presence of the *Comamonadaceae*, a
433 typical VFA-oxidizer⁶⁶ in anaerobic digesters was observed predominating at the AnMBR setup, as
434 also observed by Vincent et al., (2018).⁶⁷

435 3.4.3. *Composition and dynamics of the archaeal community*

436 Figure 9b shows that the archaeal composition of the reactors was mainly dominated by five
437 assigned archaeal genera: *Methanosarcina*, *Methanospirillum*, *Methanobrevibacter*, *Methanosaeta*,
438 *Methanobacter*, *Methanosarcina* and *Methanomethylovorans*, and three unassigned archaeal
439 genera of *Methanomassiliicoccaceae*, *MBGB*, and a *Candidatus*, consistent with the core archaeal
440 microbiome of anaerobic digestion.⁶⁸ Interestingly, *MBGB* genus, a Crenarchaeotal-related lineage,
441 was found abundant on the biofilm, in low density from the mixed liquor and absent wastewater.
442 *MBGB* has been previously reported as an organism that operates in the sulphate-methane
443 transitional zone,^{69, 70} and is capable of utilizing complex intermediates.⁷¹ This could provide AnMBR
444 with a hydrolytic advantage compared to the UASB. Similarly, *Methanomicrobiales*, *Methanosarcina*
445 and *Candidatus* were abundant in the biofilm than in sludge of MBR and UASB. Other methanogens
446 found on the biofilm were, *Methanomethylovorans*, and *Methanomicrobiales*, most of them typical
447 hydrogenotrophs, interacting with the hydrogen producing bacteria. At the mixed liquor of both
448 setups, hydrogenotrophic and acetotrophic methanogens like *Methanospirillum* and *Methanosaeta*
449 respectively were detected revealing the double route of carbon to methane.

450 3.4.4. Cell-specific activity (biodegradability and methanogenesis)

451 Cell specific activity at 4°C showed a significant differentiation between the methane production
452 rates achieved from the cells of the AnMBR and the UASB (Figure 9). The main difference was that
453 hydrogenotrophic methanogenesis can be achieved at higher rates from the cells originated from
454 the UASB than those from the AnMBR (net rate of 1.0 and 0.0 fmol_{CH₄}·cell⁻¹·day⁻¹ respectively),
455 observation aligned with what was showed previously at 15°C.¹⁷ This disagrees with what was
456 observed at the sequencing where hydrogenotrophs were predominating both reactors. This can be
457 justified by a) either the hydrogenotrophic rates are low compared to the acetotrophic; or b) the
458 overall active cell numbers are low; or c) more complex pathways are involved including acetate
459 oxidation followed by hydrogenotrophic methanogenesis (as directly hydrogenotrophic
460 methanogenesis may not be favourable in the presence of sulphate reducers). Essential is that as
461 expected, methanogenesis is feasible when fuelled with direct intermediates, even at temperatures
462 as low as 4°C, from microbial communities that can be developed in conventional wastewater
463 treatment setups. Comparing the activity rates between WW- and VFA intermediate- fuelled
464 methanogenesis we observed a difference of up to two-folds. This highlights the impact of hydrolysis
465 limitation in such cold conditions.

466 At 37°C the pattern did not change, with acetotrophy the predominant pathway and
467 hydrogenotrophy mainly achieved from the cells originated from the UASB but not at a net rate
468 (removing the activity from the unamended) (Figure 9). Interestingly, hydrogenotrophic
469 methanogenesis is mainly feasible at 4°C whilst at 37°C the activity is 'covered'. This signifies that
470 cold-adapted methanogens can be developed in more dynamic setups, like the UASB, where sludge
471 washout of less acclimated species is feasible (observation aligned with qPCR data in this study as
472 well as with Petropoulos et al., 2019)¹⁷.

473 Comparing the results with those of Petropoulos et al., (2019),¹⁷ we see that the two systems, as
474 expected, operate slower at 4°C compared at 15°C. When at 37°C though the activity from the
475 inoculum acclimated at 4°C is up to 8 times higher than at 15°C (reference as above). This supports
476 the hypothesis that acclimation at low temperatures forms a robust methanogenic community that

477 can operate as well or better than biomass originally acclimated at higher temperatures. Similar View Article Online
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478 behaviour has been observed for lipid hydrolysers enriched at low temperatures.¹⁶

479 3.4.5. Implementing low temperature anaerobic wastewater treatment at low temperatures

480 Low temperature anaerobic wastewater treatment is challenging; after the removal of the organic
481 matter in the main reactor, some downstream processes are still required (i.e. strip of the dissolved
482 methane from the effluent). Often, additional processes for the removal of inorganic nitrogen are
483 necessary. Nitrifying organisms may find it challenging to cope with low temperature, hence,
484 extensive MBBR (moving bed bio-reactors),⁷² often densely populated with anammox cells,⁷³ or
485 other even more innovative hybrid approaches⁷⁴ are required. Tailored research focussing on these
486 downstream processes is indispensable if low temperature wastewater treatment is to become a
487 realistic bio-engineering approach for sustainable water purification.

488 4. Conclusions

489 Continuous anaerobic treatment of domestic wastewater is feasible at temperatures as low as 4°C.
490 Under these harsh conditions, treatment efficiency and rate of methanogenesis were not affected
491 by the introduction of a membrane in a UASB setup and treatment is dependent on the biomass.
492 Microbial community analysis in the UASB with and without a membrane confirmed the congruence
493 of the two set-ups. The only, and striking, difference between the two was the microbial community
494 on the membrane itself, which was markedly different from the communities in the mixed liquor.
495 Conspicuous presence of *Methanosaeta* and *Methanosarcinales* suggests that acetoclastic
496 methanogenesis was more prevalent on the membrane and by inference suggests that the acetate
497 oxidizing pathway was prominent in the mixed liquor of the two systems. The presence of a
498 distinctly different microbial community on the membrane is expected to make the system more
499 efficient and resilient, but this seems irrelevant to cold conditions.

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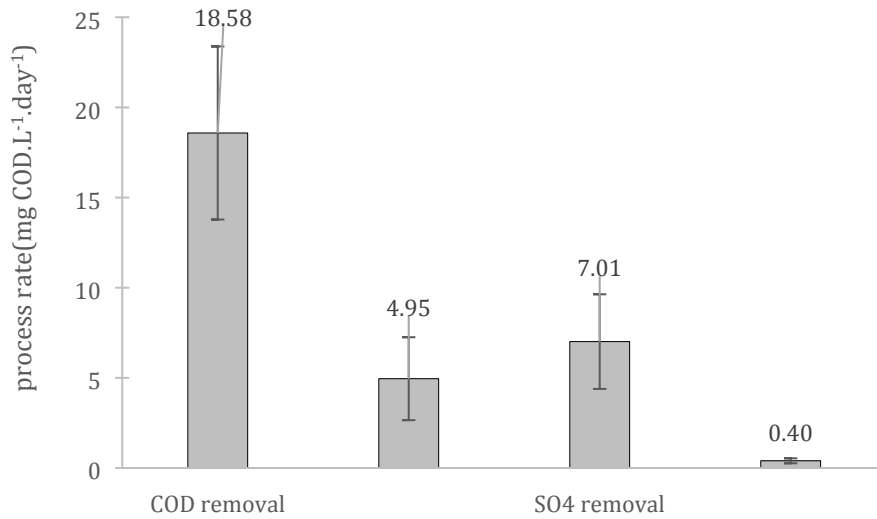
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712 **Figures**

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716 Figure 1 – Average daily process efficiency rates obtained during the batch fed operation of the UASB reactors

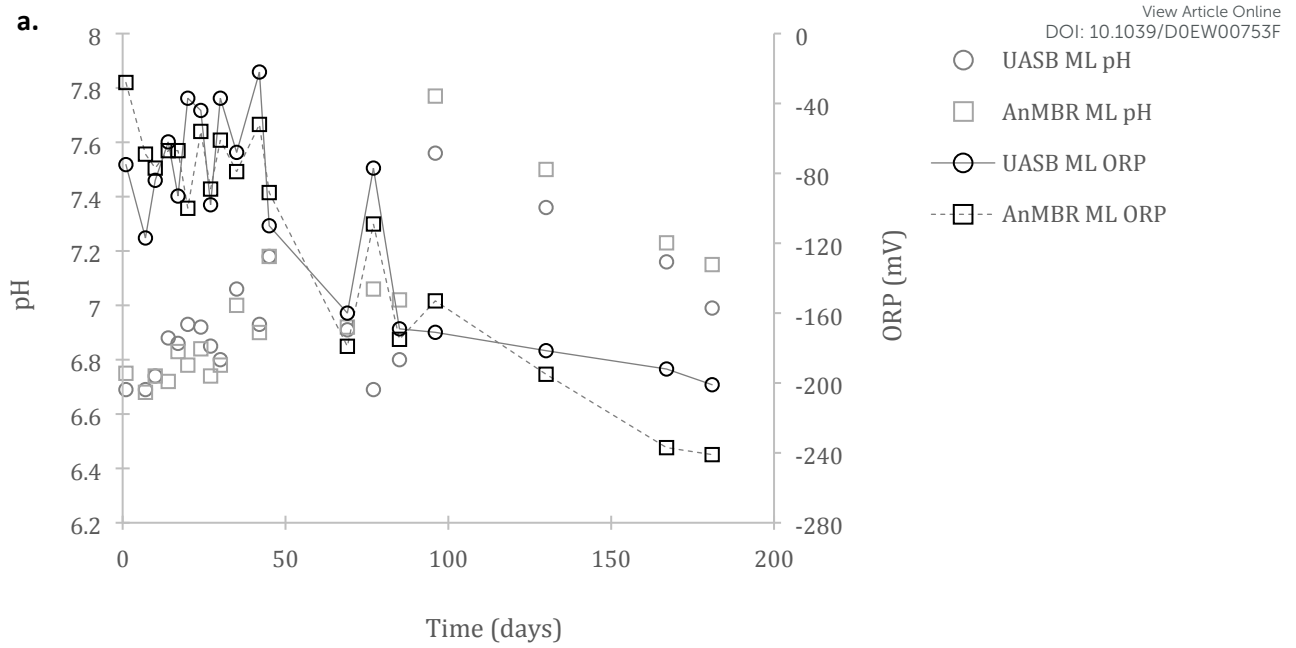
717 (2×); processes refer to (from left to right): overall COD removal rate, methane production rate

718 (methanogenesis), sulphate reduction rate (SO₄ removal), hydrolysis/fermentation rate; error bars refer to

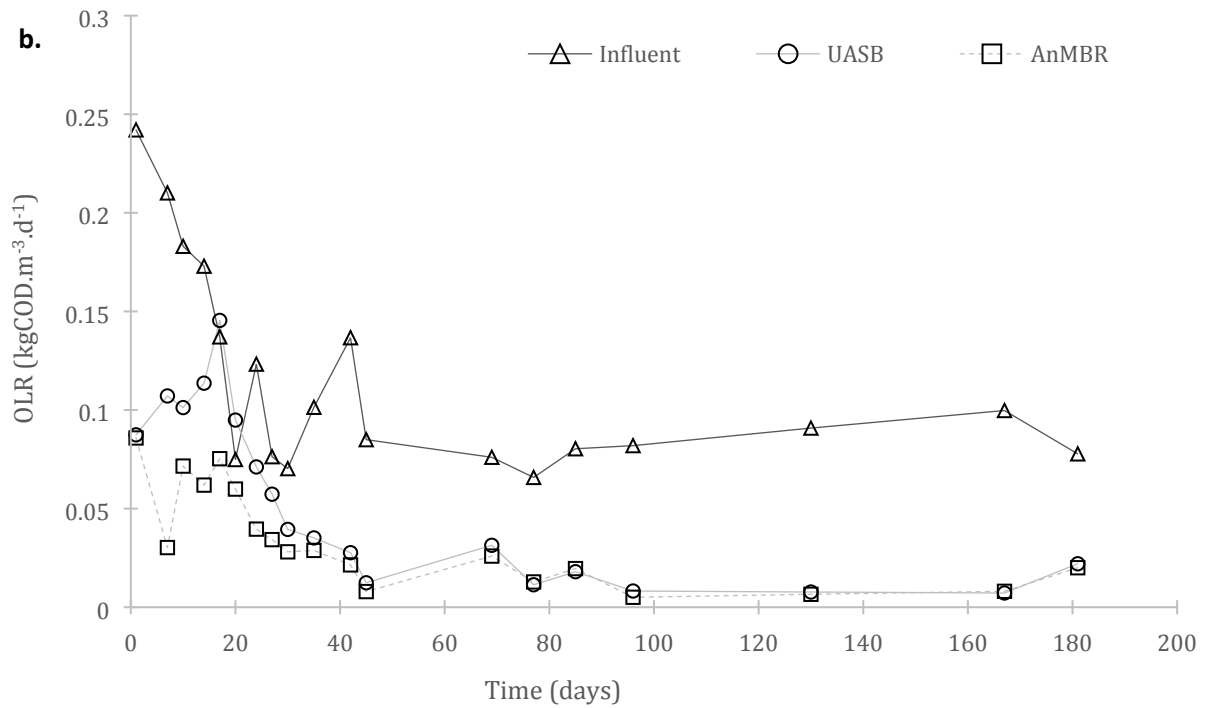
719 standard error (n=4 (duplicates samples per replicate UASB reactors)).

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723 Figure 2 – Time series of a) redox potential (ORP) and pH in the two reactors; and b) the organic loading rate
 724 (OLR) in the two reactors (the effluent is expressed as OLR for scenarios of downstream tertiary treatment).

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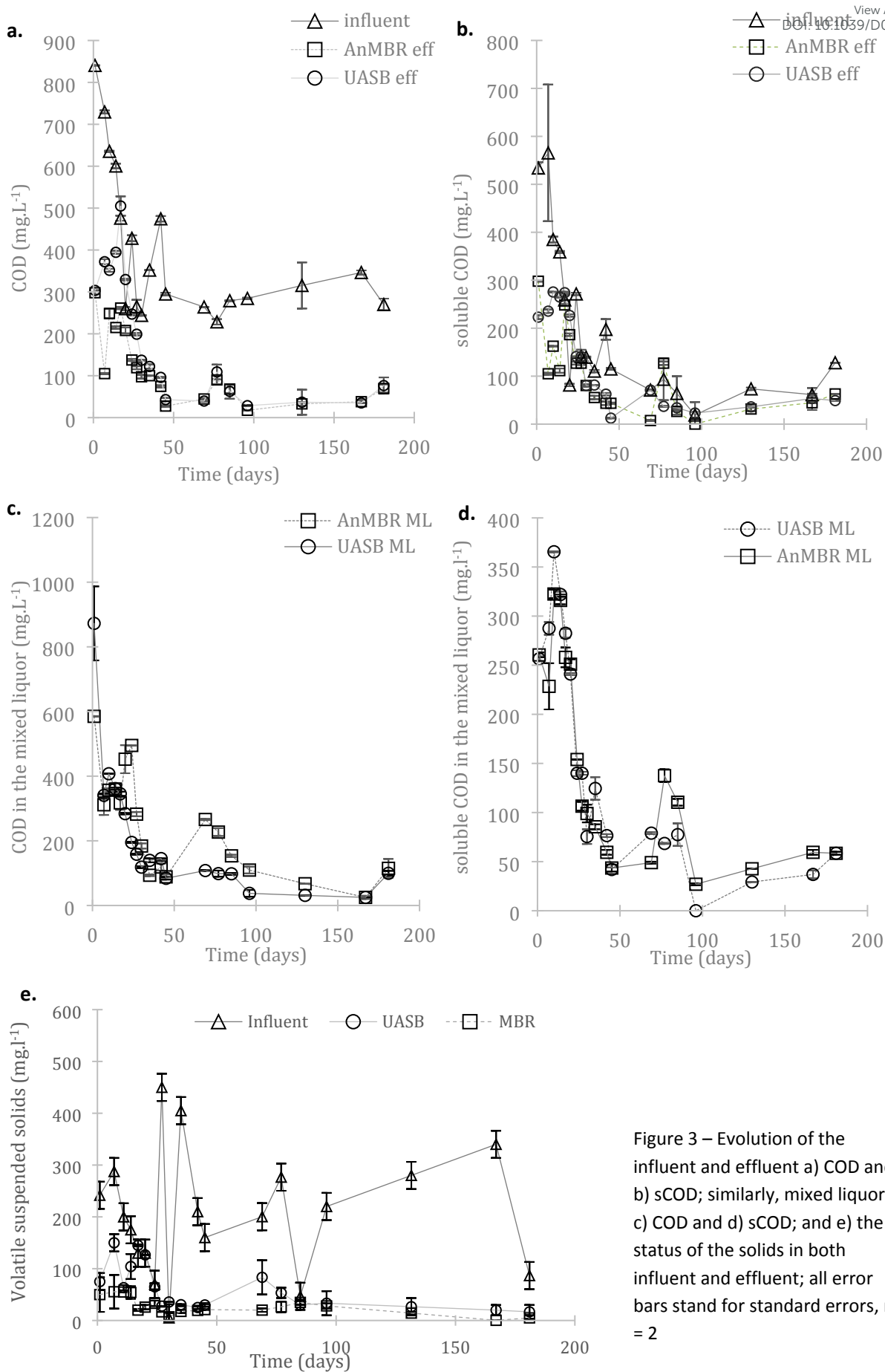
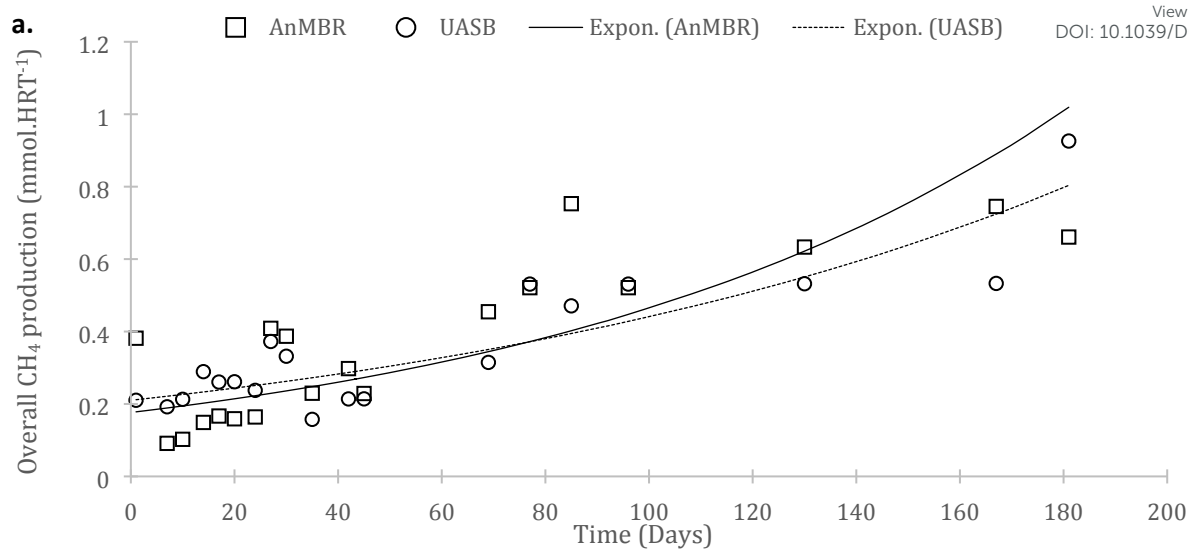


Figure 3 – Evolution of the influent and effluent a) COD and b) sCOD; similarly, mixed liquor c) COD and d) sCOD; and e) the status of the solids in both influent and effluent; all error bars stand for standard errors, n = 2

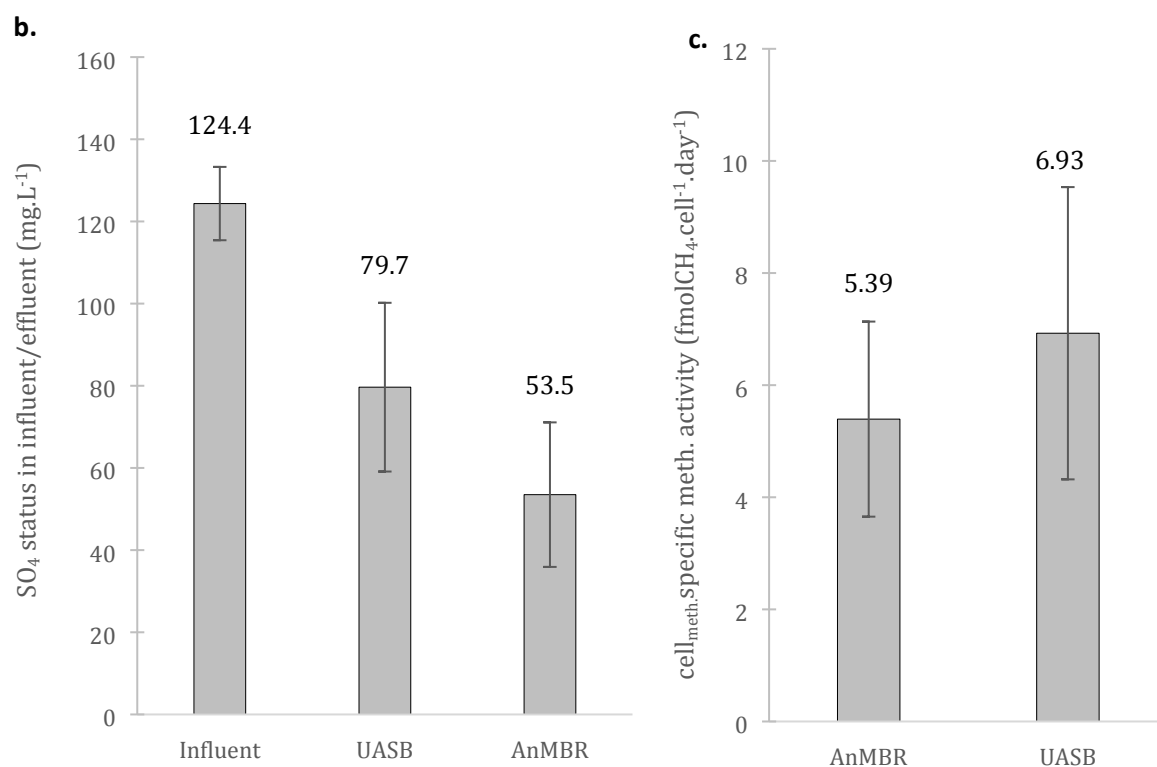
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731 Figure 4 – a) Methane (CH₄) production rate expressed as volume over time for both systems (AnMBR and
 732 UASB); methane is a summation of the gaseous methane in the headspace as well as the aqueous methane in
 733 the effluent and the mixed liquor); b) average sulphate concentration for the influent and the effluents of both
 734 the AnMBR and UASB (error bars stand for standard error; n = 16); c) methanogenic cell specific wastewater-
 735 fuelled methanogenesis rates for the two treatment systems (error bars stand for standard error; n = 7).

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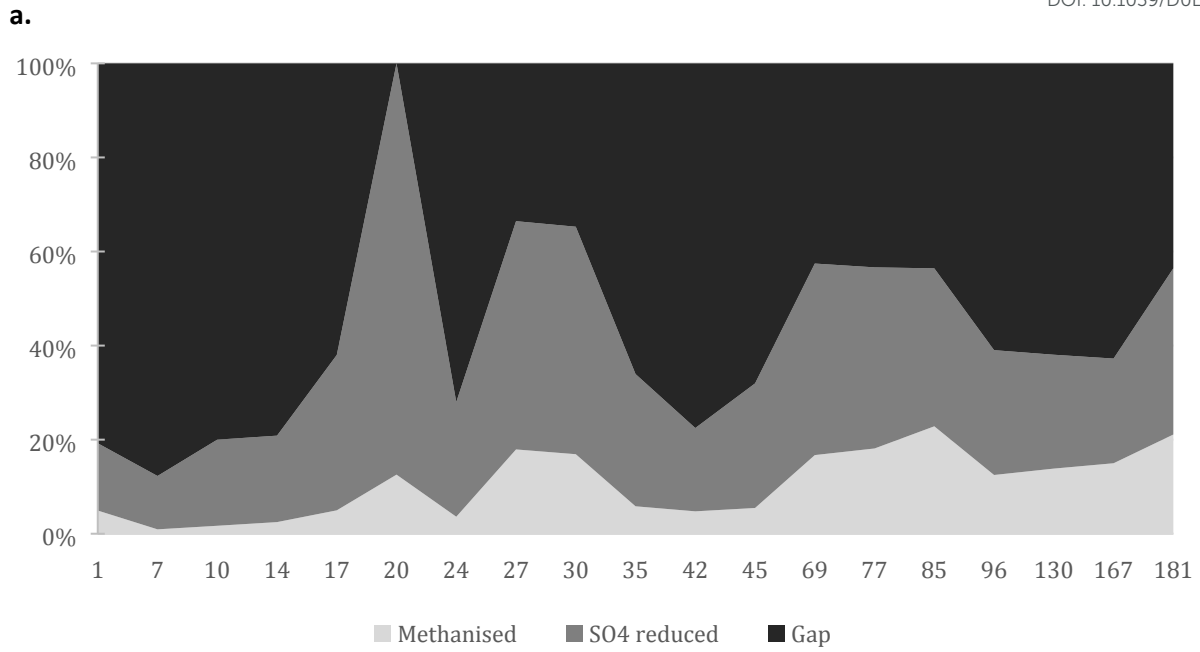
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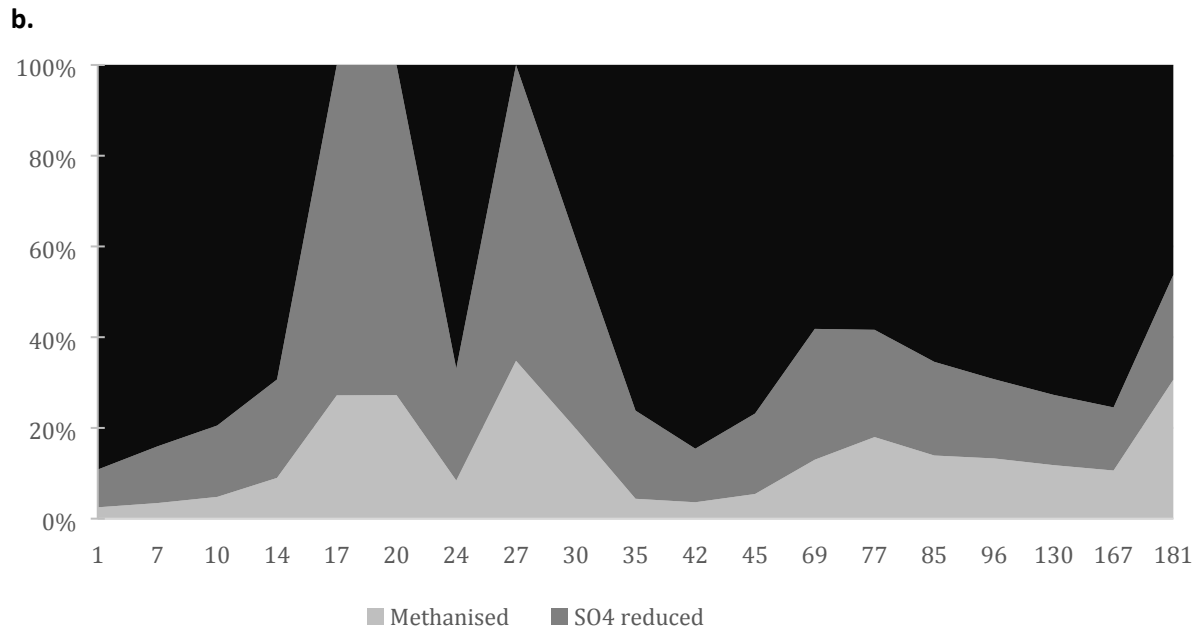
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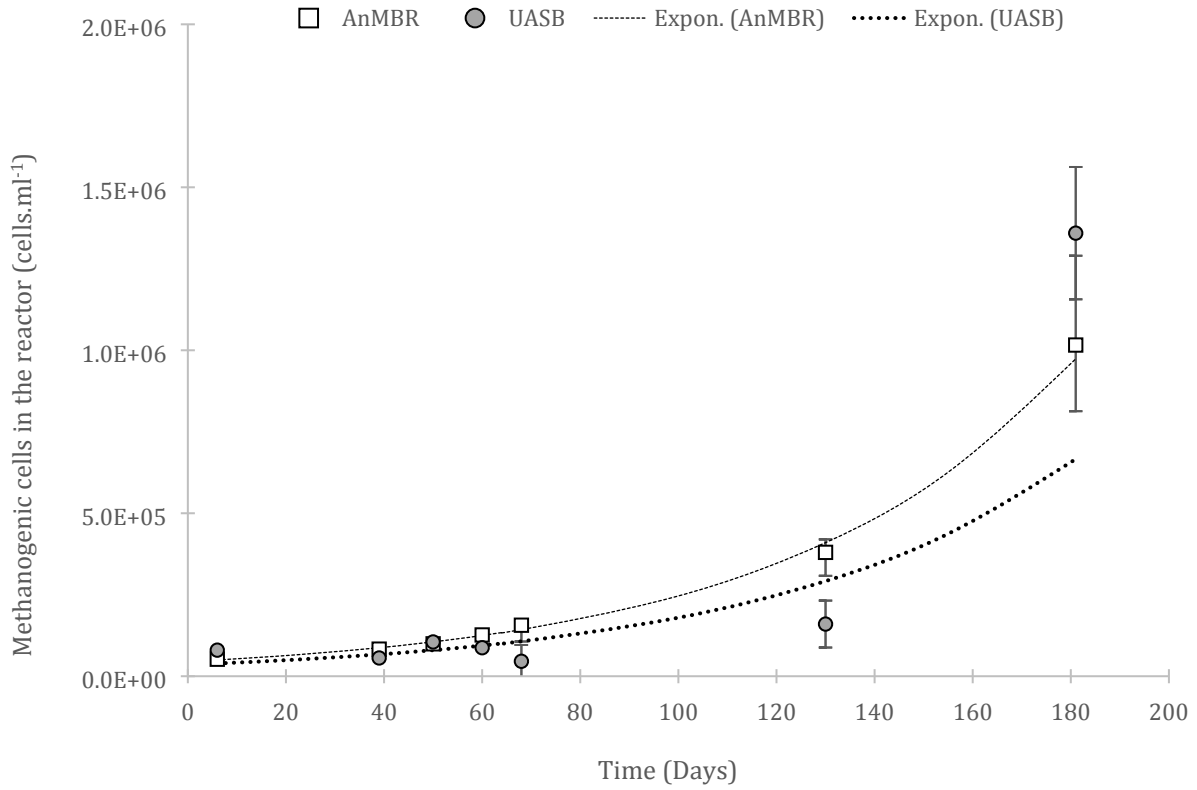


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743 Figure 5 – mass balance with focus on i) COD methanised; ii) COD used for sulphate reduction; and iii)
744 presumably accumulated/un-hydrolysed COD for the a) AnMBR and b) UASB reactors.

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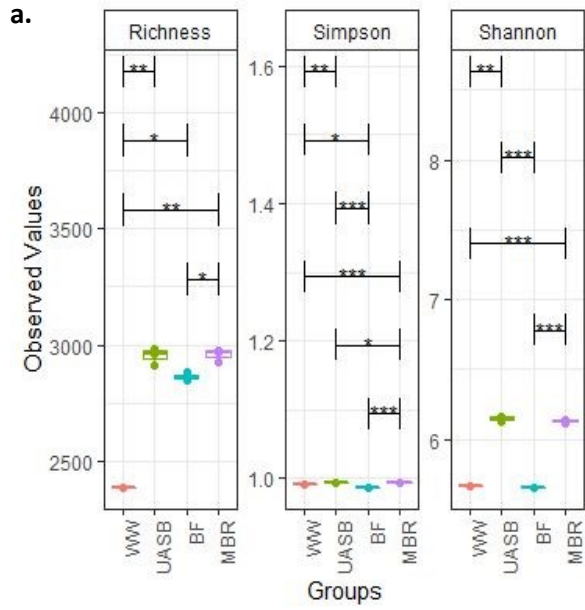
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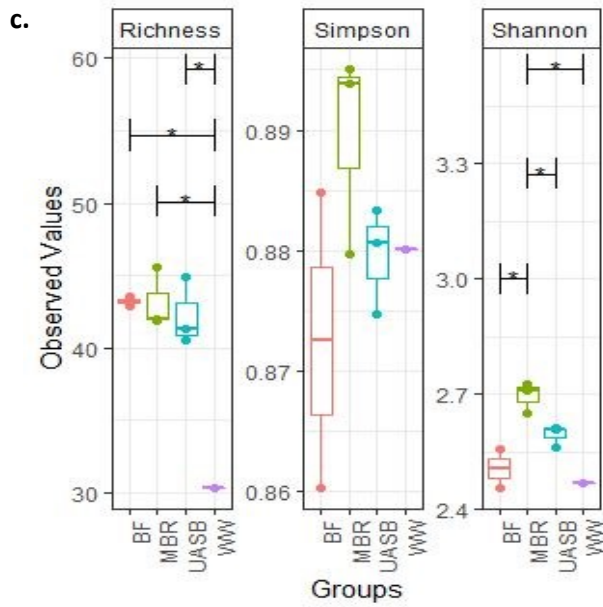
748 Figure 6 – Population of the methanogenic cells developed in the two reactors (AnMBR, summation of the cells
 749 grown in both biofilm and mixed liquor); error bars stand for standard error, n = 3.

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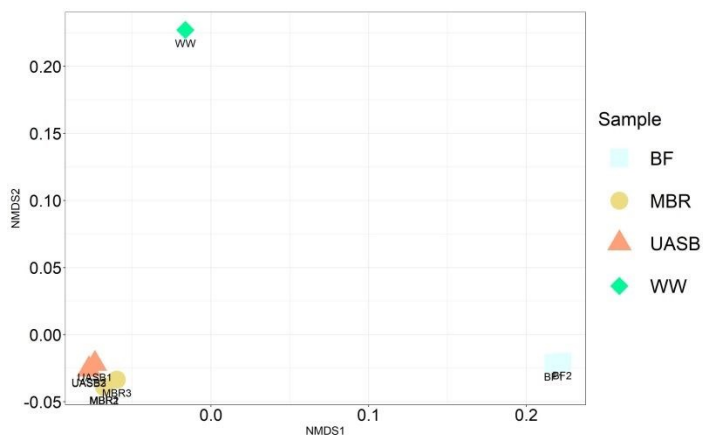


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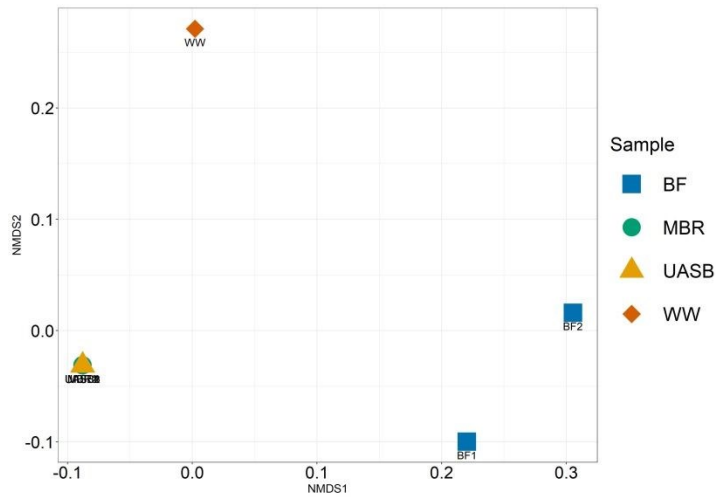


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d.



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755 Figure 7 – Box-plot for diversity indices as per richness, simpson and shannon for a) whole microbial taxa and
 756 b) total archaeal taxa from the abundance data obtained from sequencing analysis. Asterisks stand for the
 757 statistical significance of the differences: *: $p=0.05$; **: $p=0.005$; *** $p=0.0005$; NMDS analysis on Unifrac
 758 distances for a) total bacterial taxa, and b) total archaeal taxa from the abundance data obtained from
 759 sequencing analysis (BF and WW correspond to the membrane's biofilm and the wastewater respectively).
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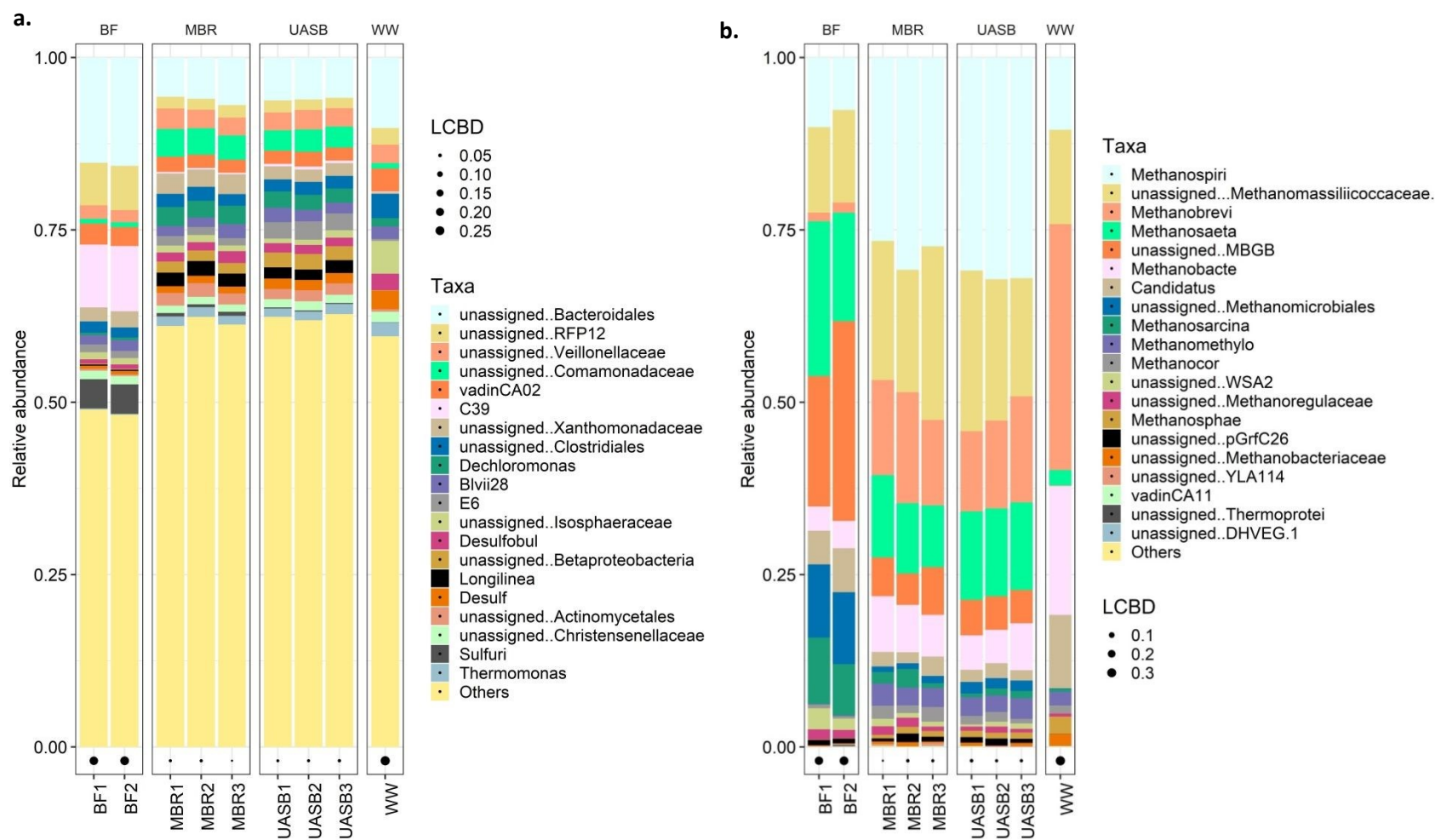


Figure 8 - Bar plot for the relative abundance of a) top 20 bacterial families and b) top 20 archaeal genera whilst; the rest of the less abundant taxa are displayed as a 'Others'. Black dots stand for the LCBD (local contribution of beta diversity) of the community; (WW stands for wastewater; BF stands for biofilm; UASB stands for the Upflow Anaerobic Sludge Blanket reactor; MBR stands for the Anaerobic Membrane Bio-Reactor); numbers 1, 2, 3 next to the sample ID stands for replicates.

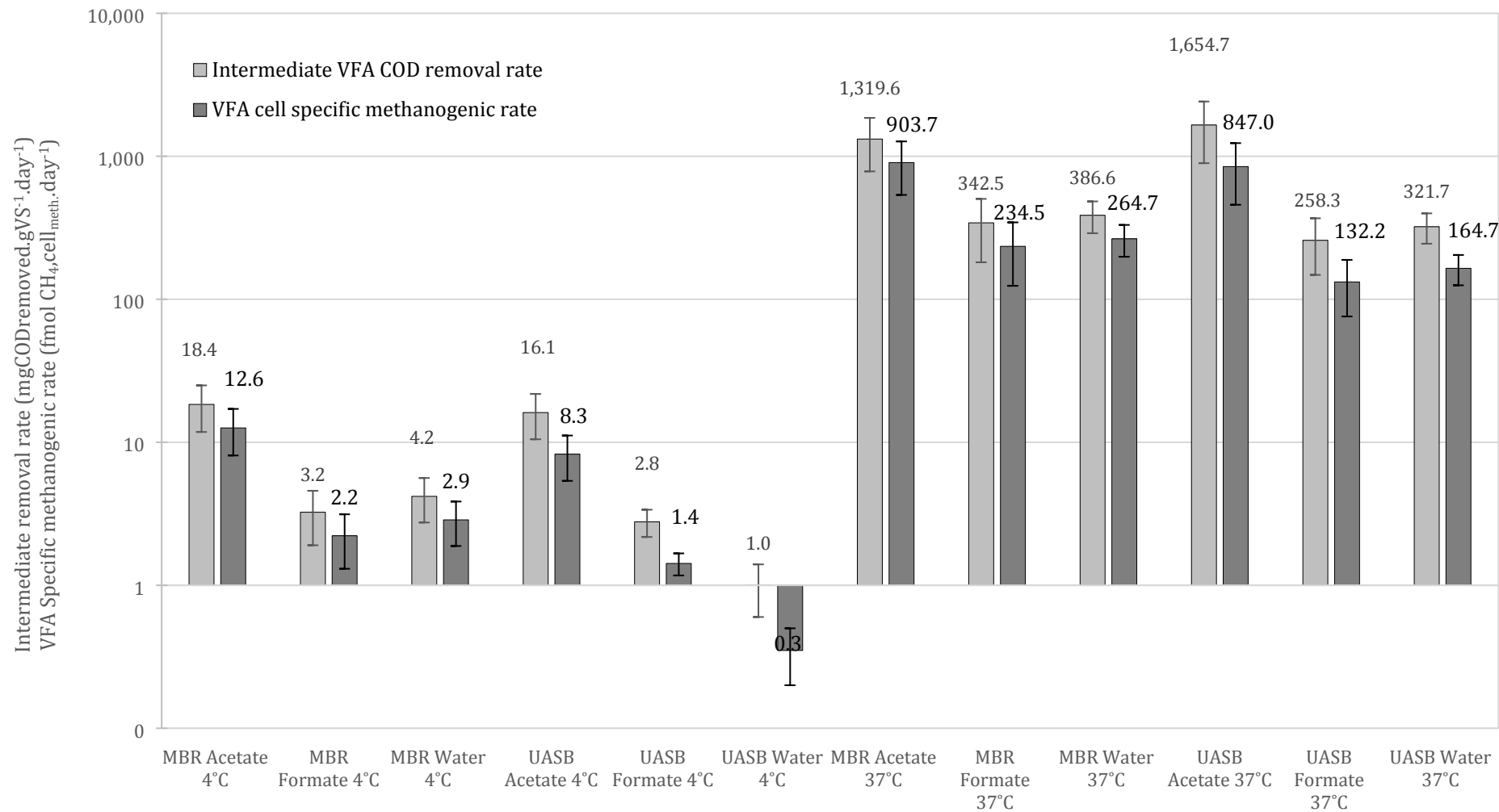


Figure 9 – Methanogenic cell specific methanogenic activity as per the activity trials including the activity from the un-amended controls (controls presented as ‘water’ treatments). Activity expressed in both mgCODremoved.gSS_{inocula}⁻¹.day⁻¹ and mmolCH₄.cell_{meth}⁻¹.day⁻¹ for the better understanding of the treatment capacity of the inoculum at direct intermediates (error bars stand for standard error, n = 8).

