

# Northumbria Research Link

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## Motherhood and Work Conference

### The power of peer support during a pandemic: Working parents and grandparents in academia

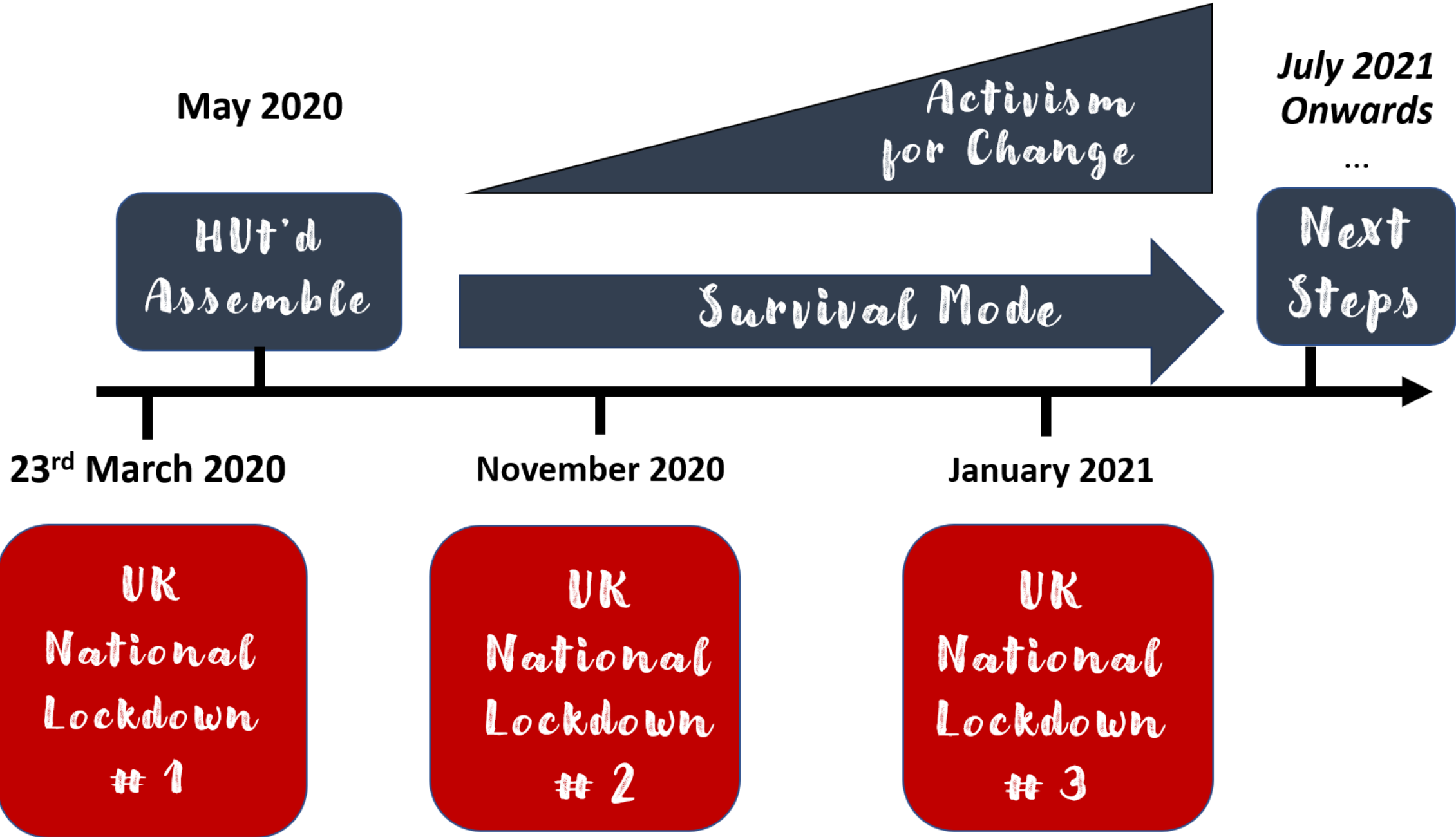
Home(pre)schoolers Utd (Grimshaw, L., Meredith, C., Mulholland, K., Heslop, K., Park, V., Allan, J., Duncan, J. et al.), Northumbria University, Faculty of Health and Life Sciences, United Kingdom

24<sup>th</sup> June 2021





Home(pre)schoolers United





## Home(pre)schoolers Assemble

- 'Arghh! How are we supposed to work and be mums?!'
- 'to chat, breathe, share experiences and offer each other some support'
- Collective action; self-help and peer support



## Survival Mode

Peer support underpinned by an ethic of care



'Without you and this group I would have drowned by now'

'I am having to actively direct my daughter's learning every subject, every lesson, every lesson, every day.'

'It is good to hear such similar experiences.'

'Much love to everyone x'



## Activism for Change



'I cringe at having to be the one to bring it up every meeting!'

'I really appreciate you bringing it up'

'Well, it sounds like we've collectively pushed it through several channels now. '



# Next Steps

'we have an opportunity to write an abstract for Maynooth University's Motherhood and work conference'

**Research:** Ethics approval

**Publication:** 'Have you seen this article?... well done to the author for finding the time'

**Peer support and activism to continue**



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