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1 Organic carbon in British lowland ponds: estimating sediment stocks, possible practical benefits and
2 significant unknowns.

3

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38

39 Author contributions

40 All authors contributed to the study conception and design. Fieldwork, material preparation and data
41 collection were performed by Gilbert and Taylor, and analyses were performed by Gilbert, Taylor and
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43 and all authors commented on previous versions of the manuscript. All authors read and approved the
44 final manuscript.

45 Abstract

46 Ponds are aquatic habitats defined by their small size. Although small they are found on every continent,
47 they are disproportionately rich in aquatic biodiversity, benefit terrestrial wildlife and have important
48 ecosystem function benefits. One of these benefits might be carbon sequestration, a possibility
49 suggested by (1) their abundance, (2) the intensity of their biogeochemical activity. Whilst greenhouse
50 gas fluxes from pond have been monitored widely, quantifying the stocks of organic carbon buried in
51 sediment is a gap in our knowledge. Here we summarise measures of organic carbon in pond sediments
52 cores from a diverse range of lowland ponds in England. We estimate a general measure of 9.38 kg OC in
53 a 1m² x 20 cm block of pond sediment and scale this up to an overall estimate for Great Britain of 2.63
54 million tons of OC in pond sediment, with 95% CI of 1.41 to 3.84 million tons. The relationship between
55 sediment carbon and gas fluxes remains a significant unknown.

56

57 **Keywords.** Ponds, carbon, greenhouse gases.

58

59 Statements and Declarations.

60 P.G. was funded by a Northumbria University postgraduate studentship. The authors have no other
61 direct or indirect competing interested in the research.

62

63 Data availability statement

64 The datasets generated during and/or analysed during the current study are available from the
65 corresponding author on reasonable request.

66

67 Introduction.

68 Ponds are the quintessential small water body, often defined by their small size relative to lakes. Exactly
69 what the precise size threshold should be varies, for example <2 ha in area (Williams et al., 2010) or 1m²
70 to 5 ha (Céréghino et al., 2008), all the way up to 8 ha in the 1971 Ramsar Convention on Wetlands. Size
71 based definitions are difficult because pond area and depth is confounded with biogeochemical
72 functions (Sondergard et al., 2005). Additionally many cultures have customary definitions of what
73 constitutes a lake versus a pond, for example in Nepal where the categorisation of a site changes as
74 glacial melt changes the area of a ponds (Poudel, 2018). Ponds are a habitat found on every continent

75 (Epele et al., 2022) as well as on remote islands and from rain forest and desert to the tops of glaciers.
76 Ponds are biodiversity hotspots at the landscape scale, in rural and urban settings (for example Davies et
77 al., 2008, Hill et al., 2016), temperate, tropical and polar (Allende and Mataloni, 2013; Jeffries et al.,
78 2016, Martinez-Sanz et al., 2012), and lowland or upland landscapes (Hinden et al., 2005, Usio et al.,
79 2017, Hinden et al., 2005). Along with other 'Small Natural Features', (Hunter et al., 2017) such as field
80 margins and rocky outcrops, ponds have significant ecological roles.

81 However ponds' essential small size makes them vulnerable to being unappreciated, undocumented,
82 lacking legal protections and vulnerable to degradation and destruction (Hunter et al., 2017; Calhoun et
83 al., 2017). They may suffer from active dislike, being seen as a source of disease (Jeffries et al., 2016) and
84 are therefore filled or drained. They remain rather overlooked by researchers (Oertli et al., 2009; Hill et
85 al., 2021), perhaps because of their familiarity and small size (Jeffries, 2012) or the belief that most are
86 made by humans and therefore not so interesting (Downing, 2010), these biases now explicitly
87 acknowledged not just in Europe but more widely, for example India (Manoj & Padhy, 2015) and the
88 USA (Berg et al., 2016). Ponds are often missed from international and national nature conservation
89 legislation (Hill et al., 2017; Oertli, 2018).

90 This oversight remains despite our growing awareness of the importance of ponds over the last twenty
91 years. Ponds are increasingly recognized for providing a range of ecosystem services such as flood water
92 retention, nutrient sequestration and pollinator feeding stations (C  r  ghino et al., 2014; Biggs et al.,
93 2017, Riley et al., 2018,). Ponds are biodiversity hotspots, their role extending beyond the aquatic to
94 include benefits to pollinators, insectivorous birds, even terrestrial spiders (Avila et al., 2017; Vickruck et
95 al., 2019; Lewis-Phillips et al., 2020). Ponds bring social, cultural and economic benefits such as amenity
96 value, well-being and livelihoods (Bastien et al., 2012; Huq, 2017; Higgins et al., 2019) and significant
97 elements within historical landscapes, for example in central Europe or the Amazon (Heckenberger et
98 al., 2007; Frajer & Fiedor, 2018). Ponds are biogeochemical hotspots too, defined by their
99 disproportionately high rates of geochemical cycling relative to their small size (McClain et al., 2003) or
100 potential to trap catchment sediment that may otherwise enter water courses (Berg et al., 2016). The
101 importance of ponds for their services and benefits to humanity is beginning to take centre stage in
102 contemporary pond conservation strategies (C  r  ghino et al., 2014; Biggs et al., 2017; Hill et al., 2017).

103

104 Amongst their diverse biogeochemical functions the potential importance of ponds in the carbon cycle
105 was highlighted by Downing et al. (2008) and Downing (2010). The heart of Downing et al.'s argument
106 combined two key elements; (1) the increasing intensity of biogeochemical activity in water bodies the
107 smaller they became (e.g. 8, Downing, 2010) and (2) the sheer number of ponds on planet Earth. In
108 addition, Downing et al. (2008) provided data from pond and lake sediments showing high levels of
109 organic carbon in sediments, with the claim "the world's farm ponds alone may bury 4 times as much
110 carbon (C) as the world's oceans". Downing (2010) combined evidence for the potential intensity of
111 carbon cycling within ponds with the estimates of global pond numbers to suggest that ponds play an
112 "unexpectedly major role" in the global carbon cycle. Downing's striking suggestion prompted a great
113 deal of the subsequent interest in the role of ponds.

114 Subsequent estimates of the number and overall area of small water bodies suggests that Downing
115 over-estimated the number of ponds (Seekell & Pace, 2011; Seekell et. al., 2013; Polishchuk et al., 2018).
116 Small ponds and wetlands remain cryptic (Pitt et al., 2012), standard remote sensing, lidar and air

117 images all tending to miss small ponds although ground truthing and local knowledge can reveal
118 surprisingly large numbers (Pitt et al., 2012; Jeffries, 2016). Whilst the number of ponds remains
119 uncertain, over the last decade there has been a considerable advance in quantifying greenhouse gas
120 fluxes, primarily CO₂ and CH₄, between ponds and the atmosphere. There is increasing evidence that
121 ponds represent an overlooked source of greenhouse gas emissions, notably CH₄, from diverse habitats
122 including artificial rural ponds in Australia (Grinham et al., 2018), temperate ponds in NE USA (Kifner et
123 al., 2018) and urban ponds in Berlin (Ortega et al., 2019). Holgerson & Raymond's (2016) synthesis of
124 data from freshwaters suggested that small ponds may be a significant source of carbon to the
125 atmosphere and studies of boreal and arctic ponds provide compelling evidence for their importance as
126 sources of CO₂ and CH₄, (Abnizova, et al., 2012; Wik et al., 2016, Kuhn et al., 2018), which is only likely to
127 increase with climate change warming of these higher latitudes (Wik et al., 2016). Although much
128 remains uncertain, for example our poor knowledge of emissions from dried out systems (Marcé et al.,
129 2019), the evidence generally supports ponds' role as a significant source to the atmosphere (Torgersen
130 & Branco, 2008). Downing's suggestion that ponds may be important is proving correct, especially for
131 methane, rather than overall sink of organic carbon.

132 Whilst examples of green-house gas flux measures from ponds are increasing, the organic carbon stock
133 currently stored in pond sediments and how fast this is buried, remains largely unknown, missing from
134 carbon budgets and subsequently land-use policy relating to climate change mitigation. Taylor et al.
135 (2019) estimated carbon burial rates from sediments of lowland ponds in the north-east of England
136 which suggested burial rates higher than other terrestrial habitats, although Gilbert et al. (2016),
137 working on the same ponds showed very rapid switches from being net sinks to net source as the ponds
138 dried out. These recent carbon flux and burial rates from ponds show that the role of ponds may vary
139 greatly between particular sites and times.

140 Small ponds can take their place as part of what Cole et al. (2007) called the global carbon cycle's
141 plumbing; the freshwater ecosystems, from large rivers and lakes to small ponds and wetlands
142 responsible for transporting significant amounts of carbon, for example in lotic flows or as gas fluxes.
143 Reviewing our developing understanding of carbon in freshwaters Travník et al. (2018) notes the
144 progress from small-scale studies of individual systems, to a holistic global view of freshwaters as
145 "collectors and reactors", not just passive recipients of carbon, but as active transporters, sources and
146 sinks. Understanding the distribution of carbon within and among differing pond types is crucial to
147 accurately quantifying the total carbon stocks within pond sediments, for upscaling studies to regional,
148 national, and global estimates, and their successful integration into carbon budgets. The potential role
149 of small ponds as carbon mitigation sinks, or perhaps problematic sources, needs investigation.

150 Our purpose here is to bring together recent advances in our knowledge of temperate pond carbon,
151 primarily focusing on stocks and burial rates, using data from typical lowland temperate ponds in
152 England. We consider data allowing:

- 153 1. Quantification of organic carbon (OC) from sediments of differing pond types, defined by being
154 from markedly different land use, supporting distinctly different vegetation and some
155 permanent versus temporary habitats in north-east England (Gilbert et al., 2021), along with
156 some new data from three other regions of England.
- 157 2. Quantification of OC burial rates in sediment from small ponds of precisely known age, in north-
158 east England (Taylor et al., 2019).

159 3. Comparison to soil OC stocks and burial rates across broad terrestrial habitats types in the UK
160 collated specifically to promote nature based solutions to help mitigate climate change (Gregg
161 et al., 2021; Rewilding Britain, 2021; Stafford et al., 2021).

162 The sediment carbon stock data are used to provide an estimate of overall organic carbon stocks in pond
163 sediments in the Great Britain.

164

165 **Methodology.**

166 Our review draws upon two, linked studies of lowland ponds in England; quantification of organic
167 carbon stocks in ponds sediment (Gilbert et al., 2021) and organic carbon burial rates (Taylor et al.,
168 2019). Both of the original papers provide much more detail on the sampling design, practice and
169 analyses. Here we provide a brief summary of the key methodological strategies and methods, along
170 with detail for additional sites not included in these previous studies.

171

172 *Pond sediment carbon stocks.*

173 *Sample sites and biogeographical regions*

174 Organic carbon in pond sediments was measured in forty lowland ponds in Northumberland, north-east
175 England, along with five ponds from each of three other biogeographically distinct regions of England:
176 Askham bog near York (lowland peat bog, northern England), Thompson Common Breckland pingo
177 ponds (post glacial Breckland, east Anglia) and The Lizard Peninsular (lowland heathland, south west
178 England); see Figure 1 for locations. These three regions were chosen because their biogeography and
179 climates are distinctly different to lowland Northumberland and to one another. All four are lowland
180 regions, with elevations around the sample ponds of <100m (Northumberland), <30m (Askham), <50m
181 (Thompson Common) and <80m (Lizard). All four are dominated by agricultural land use, land classified
182 as Grade 2-4 agricultural comprising 64-84% of their areas. Each of the four fall within distinct National
183 Character Areas, (NCAs) which are biogeographically coherent areas of landscape defined by
184 topography, land use and habitats (Natural England n.d.). The precise NCAs are No13 South
185 Northumberland Coastal Plain, No28 Vale of York, No85 The Brecks and No157 The Lizard, the first three
186 characterised as low-lying, whilst the Lizard's cliff top locality belies the low overall altitude. We
187 acknowledge that the focus on lowland ponds, however diverse in their biogeography, is an important
188 constraint on our data.

189

190 Gilbert et al. (2021) provides detail on the sampling and analytical protocols used, as well tests of
191 variation within and between ponds for the Northumberland sites. Our analyses of carbon stocks uses
192 the carbon density, mg C cm³, although we also show data for the carbon as % of sediment dry weight
193 for comparison.

194 Here we briefly outline the sampling and analysis of the Northumberland pond types and give an
195 overview of the Askham Bog, Thompson Common and Lizard Peninsula sites, these last three being
196 sources of the new data.

197 *Northumberland, Druridge Bay.*

198 Druridge Bay is in south-east Northumberland, a cool and dry part of England. The ponds were all in the
199 lowland coastal plain, some in nature reserves other on farmland. We intentionally sampled ponds from
200 four distinct land use types, defined by the surrounding landscape and management: (1) ponds in arable
201 fields, with no buffer between the crops and the pond, and most sites ploughed every year, (2) ponds in
202 livestock pasture fields, again lacking any buffer and accessible to the cattle and sheep, (3) ponds in sand
203 dune slacks, with typical dune slack vegetation often some slight brackish water influence and (4) ponds
204 embedded within more extensive, natural wetlands which provided a buffer between the pond and
205 other land-uses and not managed. These four pond types have distinctly different plant communities
206 (Jeffries, 2012) and we hypothesised that they would have significantly different carbon stocks.

207 *The other English regions.*

208 *Askam Bog.* 15,000 year old remnant lowland fen in Yorkshire, now a Yorkshire Wildlife Trust Nature
209 reserve and Site of Special Scientific Interest (Fitter et al., 1980). The region is cool and wet compared to
210 the others. The samples were taken from five ponds in the peat bog, including natural pools and some
211 created by historical peat excavation that occurred between Roman times and the seventeenth century.

212 *Thompson Common.* The Common is within the Brecks of Norfolk, on a Norfolk Wildlife Trust Reserve
213 and Site of Special Scientific Interest. The region is heavily influenced by continental air masses (Hallett
214 et al., 2004), hotter in summer but colder in winter, and drier than the other regions. The Common is a
215 mosaic of woodland, meadow and wetland, noted for pingo ponds created by the retreat of the
216 Devensian ice sheet approximately 11,000 years ago (Clay, 2015; Foster, 1993; Walmsley, 2008). We
217 cored five pingo ponds.

218 *Lizard Peninsula.* The Lizard National Nature Reserve is managed by multiple conservation organisations.
219 The site is famed for its unusual Serpentine geology and unusual temporary ponds, many associated
220 with trackways and others that have been classified as Mediterranean Temporary Ponds. The climate is
221 milder but wetter than the other regions. The ponds support nationally rare flora and fauna (Bilton et
222 al., 2009) some associated with very small trackway pools (Scott et al., 2012). Again, five ponds were
223 cored, from within heathland and grassland habitats.

224
225 *Sediment coring and quantifying carbon density.*

226 Pond sediment in all four regions was sampled using a vanadium steel corer, pushed into the sediment
227 in the wetted area of the sample ponds. The corer was driven manually, typically reaching the more
228 compacted soil base, that acts as a plug to seal in the softer sediment layers above. Upon removal of the
229 corer excess water was drained via a small hole at the top, and the length of the core was measured via
230 the internal plunger, allowing for calculation of compaction during the removal of the sediment core.
231 The corer length was 50 cm. Core depths in Northumberland varied between 9.2cm to 33 cm, 12.5 cm to
232 36 cm at Askham, 19 cm to 34.5 cm at Thompson Common and 13 cm to 26 cm at The Lizard. The
233 sediment core was extruded and cut into 1 cm lengths at a time, measured by 1 cm markings along the
234 length of the internal plunger. Slicing the core in this manner was found to be more accurate than
235 extruding the core intact and dissecting in the lab. Upon dissection each section was wrapped in foil and
236 placed in a paper sample bag and transported back to Northumbria University, Newcastle upon Tyne,
237 and stored in refrigeration prior to analysis.
238

239 All sediment cores were collected between April-December 2014, and while many ponds dried during
240 summer months, all ponds had standing water at the time of sampling. Sediment cores were collected
241 from the centre of each pond, or as close to the centre as possible where water level was above the
242 height of waders. In some cases the samples were in amongst the vegetation whilst others were from
243 open water.

244
245 Within 24 hours of coring, individual samples were weighed to acquire the wet weight of each section.
246 Samples were then dried, dry bulk density calculated, the samples ground and analysis of total carbon
247 was performed by dry combustion using Total Elemental Analysis (TEA), specifically a Thermo Scientific
248 FLASH 2000 Series Organic Elemental Analyser.

249
250 For comparison between ponds we took one core from each pond: see Gilbert et al., (2021) for further
251 details on field sampling, sample preparation, laboratory analysis and analysis of intra and inter pond
252 variation . Organic carbon is presented as C density in mg C cm^{-3} . The Northumberland ponds could be
253 characterized either by surrounding land-use (arable, pasture, naturalistic wetland or sand dune), drying
254 regime (never dry, sometimes dry, dry every year, based on twenty years of working on the sites) or
255 plant communities defined by TWINSPAN classification (Gilbert et al., 2021). Here we analysed the
256 Northumberland data based dividing the ponds into four groups based on the surrounding land use
257 categories. The Askham Bog, Thompson Common and Lizard ponds were not distributed between
258 different land uses, nor do we have plant community types or drying regime data for these sites so each
259 were treated as single sets. The four Northumberland and three other regions therefore gave us seven
260 sets of sediment carbon data to compare.

261

262 Organic carbon burial rates.

263 Organic carbon burial rates were calculated from samples of very small (1m^2) ponds at Druridge Bay,
264 south-east Northumberland. Full methodological details of sampling protocol and quantification are
265 given in are given in Taylor et al. (2019).

266 We used 12 ponds of precisely known age, excavated in November of 1994 and either 18 or 20 years old
267 (i.e. sampled in 2012 or 2014) when we sampled them. The ponds had been created in a field with a clay
268 rich soil, which resulted in a very distinct demarcation between the original bottom of the pond and any
269 organic rich sediment that had accumulated since they had been dug. Ponds were chosen to include a
270 variety of plant communities that had developed over time.

271 Three of the ponds had their substrate entirely excavated by digging a trench alongside the pond then
272 taking out blocks of sediment by working in from the side. The remaining ponds were cored using the
273 same coring method as for the carbon sediment survey, and the same laboratory methods. Because we
274 knew the precise age of the ponds the density of carbon in the sediment could then be translated to a
275 burial rate by dividing the density by the age of the pond when sampled. Note that additional sampling
276 of newly constructed ponds in the same field showed that very little carbon accumulated in the first
277 three years so rate estimates could be adjusted to allow for this lag.

278 Burial rates are expressed as $\text{g OC m}^{-2} \text{yr}^{-1}$.

279

280 Data analyses

281

282 **Statistical analyses.**

283 We analysed the carbon stocks, mg C cm^{-3} , to characterise differences amongst the seven pond types.

284
285 Differences were tested using generalized linear mixed models, (GLMM). Natural log transformations
286 were applied to the carbon stock data to meet requirements of normality and homogeneity of variance.
287 Pond type was incorporated as a fixed factor in the GLMM.

288
289 The depth of each slice in a core was included as a covariate, with a repeat measures structure linking
290 individual slice data down the length of the core. Carbon stocks had not shown a significant relationship
291 to depth when tested with regression as part of data exploration (adjusted R^2 -0.001, $P = 0.6$), but we
292 retained depth as a covariable in the GLMM in case the more complex model structure revealed a
293 pattern. Individual ponds were treated as random factors, allowing both slope and intercept to vary
294 between ponds in the models. Pond water depth was not included in models, partly because all samples
295 were from ponds shallow enough to wade into. Analysis of intra-pond variation across the water depth
296 profiles of test ponds had shown only limited variation with depth (Gilbert et al., 2021). Models were
297 tested by adding in these elements consecutively and comparing models using changes to AIC. Post-hoc
298 pairwise comparisons between individual pond types were tested using Bonferroni comparisons. The
299 relationship between carbon stocks and pond depth was characterised using linear least squares
300 regression, using all the data in one global test for all ponds. All analyses were carried out using SPSS 22.

301

302 **Results.**

303 **Sediment carbon stocks**

304
305 Organic carbon measured as carbon density, mg C cm^{-3} , varied between the seven sets of ponds, ranging
306 from a mean of $20.7 \text{ mg C cm}^{-3}$ in Lizard ponds up to $74.4 \text{ mg C cm}^{-3}$ at Thompson Common.

307
308 There was considerable variation in carbon density between some pond types, notably the
309 Northumberland dune, Askham Bog and Thompson Common ponds containing significantly higher
310 stocks per cm^3 . The quantity of carbon in the pond sediments is shown in Figure 2, both as density (mg C
311 cm^{-3}) and also as %. Data for the Northumberland ponds are shown for each of the four land use types
312 (arable, pasture, dune and wetland) separately and for each of the other three regions, Askham,
313 Thompson Common and Lizard, making seven categories.

314
315 When measured as a % of the sediment the carbon varied markedly between some pond types, from a
316 mean of 2.9% for arable field ponds up to 45.6% for the Askham ponds. Variation when using % carbon
317 as a measure is because the measure does not account for sediment density. The sediment in the arable
318 field ponds is dense agricultural soil so that even a small % is a more substantial absolute amount, whilst
319 in the Askham ponds the sediment is looser, wet peat so that the % of carbon does not represent such a
320 large absolute amount. We believe that the carbon density is a much more useful measure for
321 estimating carbon stocks and the potential role of ponds for carbon capture and burial.

322

323

324

325 Unsurprisingly there remains some variation between ponds in each site or land use category. Carbon
326 density was generally very variable with depth although the core profiles from the Lizard and Thompson
327 Common generally show a decrease with depth. The lack of a significant relationship between carbon

328 stock and depth surprised us so, despite this, we also quantified the stocks for depths down to 10cm,
 329 10-20 cm and 20 cm+ for the four regions. Stocks did decline down the sediment core for
 330 Northumberland ponds (means 43.6, 39.9 and 29.5 mg C cm⁻³ respectively), barely for Askham or
 331 Thompson Common (means 68.7, 67.4 and 52.8 mg C cm⁻³ and 77.7, 77.7, 36.6 mg C cm⁻³ respectively
 332 but note that for 20 cm+ data were limited to 12 or five samples), whilst at the Lizard the shallow
 333 sediments showed a marked decline (25.1, 5.7 mg C cm⁻³, no sample >20cm).
 334

335 We had anticipated very marked differences between the seven sets of ponds, in the case of the
 336 Northumberland land uses because ponds in the different landscapes supported very different animal
 337 and plant communities, and in the case of the other three regions because of the very different climate,
 338 biogeography and history of the sites. The GLMM outcomes did show significant differences between
 339 some of the seven groups (Table 1): the Lizard ponds held significantly lower carbon stocks than the
 340 Northumberland pasture, Northumberland dune, Askham and Norfolk sites. Askham and Norfolk carbon
 341 stocks were significantly higher than the Northumberland natural, Northumberland arable and Lizard
 342 sites. However, none of the four Northumberland pond types defined by land-use differed significantly
 343 from one another and all seven groups showed some wide variations within groups, resulting in
 344 considerable overlap.

345 **Quantifying carbon stored in a standard volume of temperate pond sediment.**

346 We were surprised that the carbon stocks from each pond type did not differ more consistently and
 347 strongly given the very different regions and land-uses. Instead the extent of the overlap between ponds
 348 in the different types suggested the opportunity to combine the data from all 55 ponds to create a
 349 overall carbon stock for a volume of temperate pond sediment.
 350

351 We used a volume of 100 cm square and 20 cm deep; we chose this depth as a typical depth for pond
 352 sediments in our survey. Sediment depth in ponds is seldom reported but published figures suggest 20
 353 cm is a useful threshold, for example mean ponds sediment depths: 11 cm (Nicolet et al., 2004; DeClerck
 354 et al., 2006; Tsai et al., 2011). We treated the carbon stock as the same throughout this depth because
 355 neither the GLMM or the exploratory regression showed a relationship with depth, essentially the high
 356 C% in upper levels of sediment tends to get evened out as bulk density increases with depth although
 357 this is a simplification because some pond types, Askham and the Lizard, suggest a trend of decreasing
 358 stocks with depth. Combining the carbon stock data from all 55 ponds gives a mean density and
 359 standard deviation of of 46.9 mg cm⁻³ ± 28.24 mg cm⁻³ applicable down to 20 cm. Note that the large
 360 number of samples (the slices from each core, n=931) results in a small 95% CI range ± 1.81, but this
 361 should not obscure the wide range with individual samples from a minimum of 1.13 to a maximum of
 362 201.8 mg cm⁻³ .
 363

364 Therefore a block of sediment measuring 100 cm wide by 100 cm long by 20 cm deep has a volume of
 365 200,000 cm³ and a mean total carbon stock of = 46.9 x 200,000 = 9,380,000 mg or 9.38 kg, (95% CI 9.01
 366 kg – 9.74 kg).
 367

368 **An estimate of overall carbon stocks in ponds in Great Britain.**

369 To calculate the total carbon stock in British ponds we multiplied up our standard 9.38 kg C for a 1m² by
 370 20 cm deep sediment block by an estimate of the total area of pond habitat in Great Britain. Carbon
 371 data for habitats is commonly scaled up to ha⁻¹, so our data give a mean of 94 tonnes C ha⁻¹.
 372

373 To estimate the overall area of ponds in Great Britain we used data from the Countryside Survey
374 (Williams et al., 2010). The Countryside Survey is a survey carried out on behalf of central government
375 of land use in England, Scotland and Wales based on systematic field surveys of 591 representative 1 x 1
376 km squares across these countries, carried out every few years between 1978 and 2007. For the 2007
377 survey the pond work was done by the Centre for Ecology and Hydrology, with their surveyors
378 trained by Pond Conservation, now the Freshwater Habitats Trust, the UK's lead organisation for pond
379 research and conservation, ponds being defined by the FHT size criterion "*body of standing water*
380 *between 25 m² and 2 ha in area which usually holds water for at least four months of the year*". The
381 survey data estimated pond numbers in four size categories; 200-400, 400-2,000, 2,000-10,000 and
382 10,000 – 20,000 m². The median area of ponds in the four size ranges differentiated in the Countryside
383 Survey are 140, 800, 3,000 and 14,550 m², respectively. We estimated the total area of pond habitat in
384 Great Britain by multiplying the estimated numbers of ponds in each size category by their respective
385 median areas. Table 2 shows the results including for the 95% CI boundaries of pond numbers. To
386 estimate total pond sediment carbon stocks in Great Britain we multiplied our global estimate of 9.38 kg
387 OC in a 1 m² x 20 cm deep block of sediment by the overall estimate of pond area from the Countryside
388 Survey data (Table 2). This gives an estimate of organic carbon in pond sediments in Great Britain as 2.63
389 million tonnes, with 95% CI of 1.8 and 3.7 million tonnes. To extend the estimation of variation further
390 we have combined the high and low 95% CI for carbon density with the high and low estimates of pond
391 numbers, which gives a range of 1.4 up to 3.8 million tonnes (Table 2).
392

393 For comparison to the pond data presented here Table 3 gives data for carbon stocks in the soils and
394 sediments of UK habitats from the recent review by Natural England (Gregg et al., 2021). The habitats
395 are broad types such as woodland, scrub or main grassland types, those presented here chosen because
396 soil depth data were given and depths were comparable to the depths of our pond cores.

397 **Organic carbon burial rates**

398 The results for OC burial rates (Taylor et al., 2019) from the small ponds gave a mean of 142 ± 19 g OC
399 m⁻² yr⁻¹, the equivalent of 1.42 t OC ha⁻¹ yr⁻¹, (95% CI 1.39 to 1.45 t OC ha⁻¹ yr⁻¹) with minima and maxima
400 of 79 – 247 g OC m⁻² yr⁻¹. Taylor et al. (2019) compared these rates to those given by Downing in his
401 original discussion of carbon in ponds; they are much higher than Downing's figures for boreal and
402 temperate forest or grasslands, the ponds burying OC sixty to thirty times faster. However more recent
403 data for other habitats such as grassland, woodland and bogs (Gregg, 2021) show much more overlap
404 with our burial rate estimates for ponds although our pond rates are higher than woodland and lakes
405 (Table 3).

406

407 **Discussion.**

408 The estimates of sediment carbon stocks from our data are the first detailed survey of a range of
409 lowland, temperate, ponds. The data set is small, and the extrapolations up to Great Britain national
410 level using Countryside Survey data must be treated with caution but the results give a first
411 approximation figure where previously none existed; 2.625 million metric tons of organic carbon in
412 ponds in Great Britain. The data suggest that, square metre for square metre, the sediment of small
413 ponds holds more carbon, and buries additional OC, at least as rapidly as many other terrestrial habitats
414 such as woodland and grassland. Our estimate is a first approximation: despite having purposefully

415 chosen biogeographically varied localities to sample beyond the main Northumberland site there are
416 many more pond types throughout Great Britain. Combining of data from all the ponds into a single
417 measure of sediment carbon to apply generally may be untenable as more data are obtained. In
418 particular, no upland ponds were included in our sampling.

419 Note also that carbon expressed as density, in this study as OC mg cm⁻³, gives a much more insightful
420 measure than simply using the % C in the sediments. Density measurements adjust for the overall
421 density of the sediment and soil. In our study the use of % OC measurement results in apparently much
422 lower carbon in the arable field soils and much higher in the Askham Bog site. However once data are
423 expressed as density these apparent differences are markedly reduced. The relationship between depth
424 and carbon stocks also remains uncertain. Taking our data altogether there was no significant
425 relationship between carbon stocks and depth, although comparisons across the three broad depth
426 ranges of <10 cm 10-20 and 20+ across the four regions did show some decrease at the lowest depths.
427 Taylor et al. (2019) demonstrated limited carbon accumulation in the first 1-3 years of the lives of newly
428 dug ponds. Taking these two pieces of evidence together we believe that the burial rate and carbon-
429 depth relationship requires further data, not least if ponds are created with the purpose of carbon
430 sequestration.

431 Nature based solutions to help mitigate climate change increasingly include habitat creation (Gregg et
432 al., 2021; Stafford et al., 2021; Rewilding Britain, 2021), primarily tree planting and peatland restoration.
433 In many places, ponds may be just as good an intervention. They are relatively easy to create (many of
434 the alleged constraints are myths, debunked in recent years, Biggs et al., 1994), ponds can be fitted in
435 amongst diverse land uses, they begin burying carbon rapidly within a year or two of creation (Taylor et
436 al., 2019) and bring a wealth of other biodiversity benefits (C  r  ghino et al., 2014).

437 Ponds may occupy only a very small proportion of most temperate landscapes but have a
438 disproportionately important role due to their high level of biogeochemical activity. For example, in
439 Great Britain the Countryside Survey data suggests that ponds occupy roughly only 0.0012% of the land
440 area compared to 6.0% for broadleaved woodland but woodland only buries about double the amount
441 of OC per year compared to the ponds (Taylor et al., 2019). Whilst our figures are based on limited data,
442 both for ponds and often the other habitats, the potential of ponds to be helpful nature-based solutions
443 to mitigate climate change are apparent and ponds have recently taken their rightful place in reports
444 disseminating contemporary knowledge on the importance of varied habitat types in the UK (Gregg et
445 al., 2021; Rewilding Britain, 2021; Stafford et al., 2021).

446 The estimates for carbon in pond sediments broadly overlap those of other UK terrestrial habitats (Table
447 3) but the higher end of our estimated range exceeds all habitats other than bogs and swamps.
448 However, we do not have enough evidence to be confident about what drivers create a particularly
449 carbon rich pond sediment. There are a few studies that identify the possible importance of the precise
450 plant species, overall diversity and functional types as significant factors (Mo et al., 2015; Sun et al.,
451 2019; Taylor et al., 2019) but these drivers need much more research.

452

453 However the benefits of this ecosystem service need to be seen in the context of ponds as a potentially
454 significantly source of green-house gases. There is very good evidence, from diverse pond systems
455 around the world, that ponds can be significant sources of greenhouse gases, in particular methane.

456 Examples of significant methane emissions include artificial agricultural ponds in Queensland, Australia
457 (Grinham et al., 2018), woodland vernal ponds in north-east USA (Kifner et al., 2018), urban ponds in
458 Berlin and Sweden (Ortega et al., 2019; Peacock et al., 2019) and arctic thaw ponds (Abnizova et al.,
459 2012; Kuhn et al., 2018; Burke et al., 2019) although Polishchuk et al., (2018) argue that the small overall
460 area of very small thaw ponds limits their likely importance. Emissions of CO₂ may also be significant,
461 especially for temporary ponds when they dry (Obrador et al., 2018; Marcé et al., 2019). Greenhouse
462 gas emissions are likely to increase as temperate ponds warm (Yvon-Durocher et al., 2017). The precise
463 drivers of greenhouse gas emissions remain uncertain. In urban ponds allochthonous carbon and high
464 nutrients seem likely to increase emissions (Van Bergen et al., 2019) whereas in German kettle holes the
465 interplay of nutrients and precise length of drying phase drives variation (Reverey et al., 2016) whilst the
466 potential role of plants remains unclear (Mo et al., 2015). Overall though, small water bodies are
467 increasingly spotlighted as significant sources of both CH₄ and CO₂, for example Holgerson & Raymond,
468 (2016) and Peacock et al., (2021).

469 As we begin to better quantify carbon stocks, burial rates and greenhouse gas fluxes, two important
470 gaps in our knowledge are now clear: (1) the drivers of carbon dynamics in ponds, in particular the role
471 of productivity and of plants, and (2) the lack of studies linking sediment stocks, burial rates and gas
472 fluxes. Given the contrasting messages of ponds as important carbon sinks based on sediment carbon
473 measures but also significant greenhouse gas emitters in flux studies these challenges need attention if
474 we are to maximise the use of ponds for carbon sequestration and storage.

475 Whilst the precise detail of ponds' role in the carbon cycle remains patchily understood, the role of
476 ponds in the carbon cycle has a longer history than our recent studies. An 1887 painting by the pre-
477 Raphealite artist Ford Madox Brown in Manchester's town hall shows the chemist John Dalton collecting
478 marsh gas from a small pond: the painting is so exact that the plants are identifiable, for example *Alisma*
479 *plantago-aquatica*, amongst *Lemna* and *Carex* species. Dalton was collecting "carbureted" gases (that is
480 methane) from lakes and ponds in the early nineteenth century as part of his ground-breaking work into
481 atomic theory to explain the reality of atoms and how they form compounds. Ponds may be small, and
482 still sometimes find themselves lumped in with lakes in global reviews of carbon (for example
483 Rosentreter et al., 2021) but their significance is now well established. We need to better understand
484 the links between carbon dynamics in ponds, across diverse landscapes and climates, and scale up the
485 limited, local, studies into more generally applicable lessons at a continental scale. Whether ponds are a
486 source or sink of green-house gases, these small water bodies are now centre stage in research.

487

488 Table 1. GLMM model outcomes testing differences between sediment carbon stocks in ponds from the
 489 four Northumberland land uses and three sites elsewhere in England. Only significant differences are
 490 shown.

	N'land natural	N'land arable	N'land pasture	N'land dune		
N'land arable						
N'land pasture						
N'land dune						
Lizard, Devon			P<0.001	P<0.005	Lizard, Devon	
Askham, Yorkshire	P<0.05	P<0.05			P<0.001	Askham, Yorkshire
Thompson Common Norfolk,	p<0.001	p<0.001			P<0.001	Thompson Common Norfolk,

491

492

493 **Table 2.** Estimating the total stock of carbon in ponds sediments in Great Britain. The area of pond
 494 habitat is taken from the Countryside Survey (Williams, 2010). The Countryside Survey estimated pond
 495 numbers in four sizes classes, the minimum size 200 m². The 9.38 kg m⁻² of organic carbon is the mean
 496 derived in this study for a 1 m⁻² x 0.2 m deep block of pond sediment.
 497

	Countryside Survey, pond size classes, m ²			
	200-400	400-2,000	2,000-10000	10000-20000
Estimated number of ponds, 000s, (95% CI)	332.5 (253.6, 450.9)	117.8 (89.4, 153.8)	26.5 (19.4, 36.4)	4.1 (1.7, 6.8)
Median pond area of size category, m ²	140	800	3,000	14,550
Total area of ponds in GB, m ² , 000s, (95% CI)	46,550 (35,504 - 63,126)	94,240 (71,520 - 123,040)	79,500 (58,200 - 109,200)	59,655 (24,735 - 98,940)
Estimated carbon stock for total area, (m ² x 9.38 kg m ⁻²), kg & 95%CI	436,639,000 (333,027,520 - 592,121,880)	883,971,200 (670,857,600 - 1,154,115,200)	745,710,000 (545,916,000 - 1,024,296,000)	559,563,900 (232,014,300 - 928,057,200)
Great Britain mean total organic carbon stock in pond sediment, & 95% CI	2,625,884,100 Kg = 2.625 million tonnes organic carbon (95% CI 1,781,815,420 - 3,698,590,280 kg)			
Great Britain total organic carbon stock in pond sediment, high and low 95% estimates	C stock using low 95% CI estimate of carbon and low 95% CI of pond numbers = 1.411 million metric tonnes C stock using high 95% CI estimate of carbon and high 95%CI of pond numbers = 3.840 million metric tonnes			

498

499

500 Table 3. Measurements of sediment and soil organic carbon from a range of UK habitats and land uses.
 501 Data are shown for sample depths broadly comparable to our 20 cm depth estimate. The sample depths
 502 are shown, along with the mean and range of mean estimates to that depth, or just the mean or range if
 503 these are the available data. UK and European data summarized from Gregg et al., (2021).

Habitat	Carbon stock in sediment or soil.	
	Sample depth down to, cm.	OC t C ha ⁻¹ (mean, range)
Our data, temperate ponds (mean and 95% CI)	20 cm	93.8 23.4 - 246.4
Woodland, mixed native broadleaved, 30 & 100 year old	15 cm	55, 50 – 59
Traditional orchard	30 cm	73.8, 47 – 111
Hedgerows	15 - 100 cm	7 - 112
Scrub	30 cm+	48.4 - 91.7
Heathland	15 - 30 cm	94, 88 - 103
Grassland, acid	15 cm	87
Grassland, neutral	15 cm	33.3 - 68.7
Grassland, calcareous	15 cm	69
Grassland, improved	30 cm	130, 72 - 204
Arable	30 cm	27.5 - 88.2
Arable on deep peat	30 cm	1,290 – 3,880
Blanket bog, near natural	50 cm	259
Fen	40 cm	610
Floodplain	10 cm	109.4 - 323.3
Saltmarsh	10-30cm	56, 0.1-93
Sand dune	15 cm	0.0095, 0.004 - 0015

504

505

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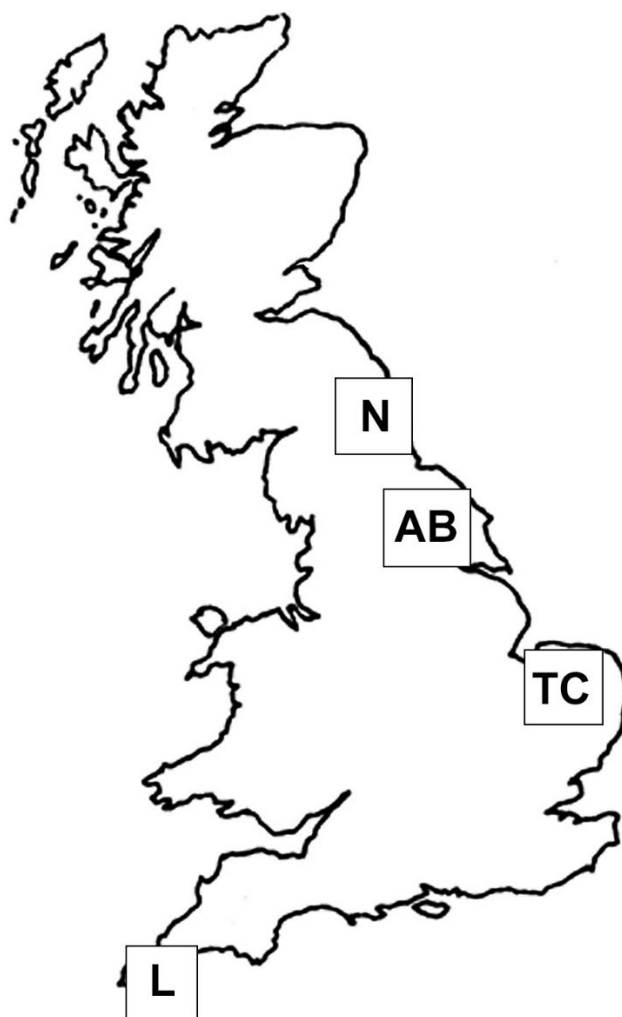
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716 **Figure captions**

717 **Fig. 1.** Map of Great Britain showing the four regions in which ponds were sampled. N = south east
718 Northumberland, AB = Askham Bog, North Yorkshire, TC = Thompson Common, Norfolk, L = Lizard
719 Peninsular, Devon.

720 **Fig. 2.** Pond sediment core carbon measures from the seven sets of samples; four from
721 Northumberland, differentiated by land use (arable, sand dune, natural wetlands, pasture) and other
722 three others from Askham Bog (Yorkshire), Lizard Peninsular (Devon) and Thompson Common (Norfolk).
723 (a) carbon measurements expressed as mg OC cm^{-3} , (b) carbon measurement expressed as % of
724 sediment.

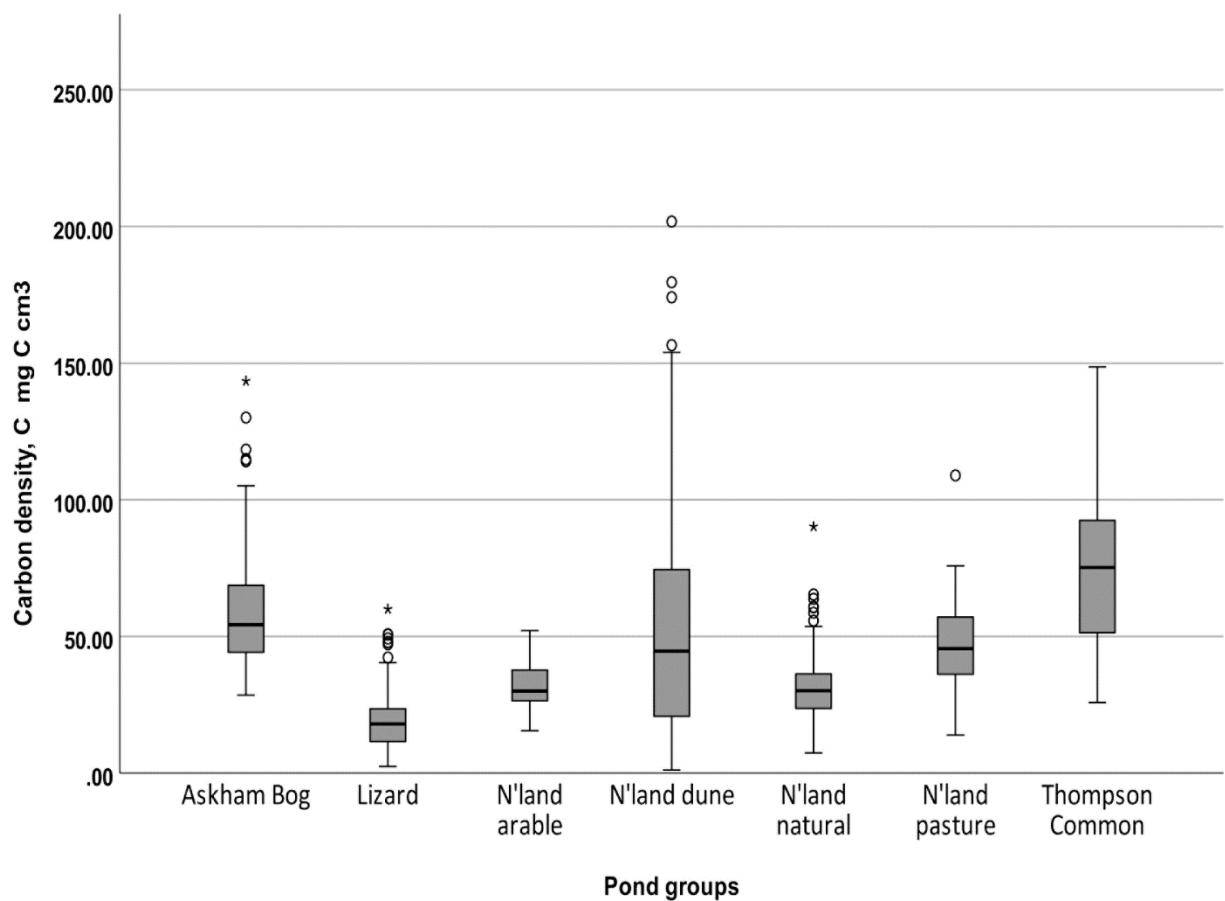
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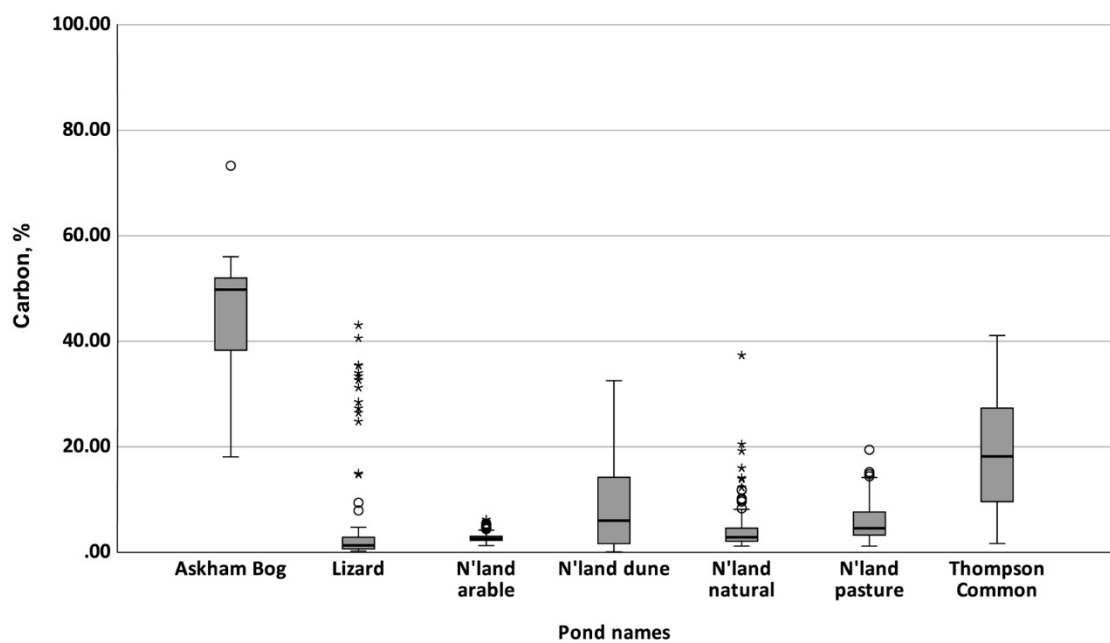
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